

Time Bomb Beware (T.B.B.)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Ruth Ann Strickland (USA) - January 2021
音樂: Time Bomb - Nantucket



Intro: 16 counts ticking + 16 counts instrumental (32 count total)

Starting Weight on Left

Section 1: (DIAGONAL ROCK RLRL, WALK BACKWARD)

1-4 Rock diagonally fwd RF, bwd LF, fwd RF, bwd LF (on count 4, weight shifts to LF, RF is free)
5-8 Walk backward RLR, touch L

Section 2: (DIAGONAL ROCK LRLR, WALK FORWARD)

1-4 Rock diagonally fwd LF, bwd RF, fwd LF, bwd RF (on count 4, weight shifts to RF, LF is free)
5-8 Walk forward LRL, touch R

Section 3: (BASIC RIGHT, BASIC LEFT 1/4 LEFT TURN WITH SCUFF)

1-4 Step R to right side, step L together with R, step R to right side, touch L
5-8 Step L to left side, step R together with L, step L making 1/4 turn to the left, scuff R (9:00)

Section 4: (JAZZ BOX IN PLACE, OUT, OUT, IN, IN)

1-4 Step R across L, step L back, step R to right, step L together
5-6 Step right foot out to right side, step left foot out to left side (feet apart)-out, out
7-8 Step right foot back in place, step left foot back in place (feet together)-in, in (on count 8, weight shifts to left foot)

No Tag or Restart

I hope you enjoy!

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