

I'm Alive Again!

COPPER KNOB
BY STEPHEN BISSON

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Steve Bisson (UK) & Denise Bisson (UK) - January 2021
音樂: I'm Alive (Wake Up Mix) - Céline Dion : (115bpm - Note: the standard version is 102bpm)



Intro: 16 counts from the opening rhythm - start on vocals, weight on left. One 16 count tag at the end of wall 7.

Touch, Touch, Touch, Flick, Vine Right with a touch

1-2-3-4 Touch right to right side, touch right forward, touch right to right side, flick right back behind left knee

5-6-7-8 Step right to right side, step left behind right, step right to right side, touch left beside right

Rolling Vine Left, (or Straight Vine), 1/4 Monterey Turn

1-2 Make a 1/4 turn left and step left forward, make a 1/2 turn left stepping right back

3-4 Make a 1/4 turn left and step left to left side, touch right beside left

5-6 Point right to right side, turn 1/4 right on ball of left foot and step right beside left [3:0]

7-8 Point left to left side, step left beside right

Walk Forward x 2, Step Pivot 1/2 Turn Left, Side Rock Step, Back Rock Step

1-2 Step right forward, step left forward

3-4 Step right forward, pivot 1/2 turn left [9:0]

5-6 Rock right to right side, recover on left

7-8 Rock right back, recover on left

Forward Rhumba Box

1-2-3-4 Step right to right side, step left beside right, step right forward, touch left beside right

5-6-7-8 Step left to left side, step right beside left, step left back, touch right beside left

Begin again and smile!

Tag: 16 counts at end of wall 7 facing 3 o'clock to bring you back to 12 o'clock

Figure Of Eight Weave

1-2 Step right to right side, step left behind right

3-4 Step right forward making 1/4 turn right, step left forward [6:0]

5-6 Pivot 1/2 turn right (weight on right) [12:0], step left to left side making 1/4 turn right [3:0]

7-8 Step right behind left, step left to left side

Weave Left with 1/4 Turn Left, Jazz Box Cross

1-2 Cross step right over left, step left to left side

3-4 Step right behind left, step left forward making 1/4 turn left [12:0]

5-6 Cross step right over left, step left back to left diagonal

7-8 Step right to right side, cross step left over right

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