

# My Own Way to Rock

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: High Beginner  
編舞者: Sonja Hemmes (USA) - January 2021  
音樂: My Own Way to Rock - Burton Cummings : (Album: My Own Way to Rock)



Start 64 counts in

## ROCK FORWARD, TOE STRUTS BACK, ROCK BACK

1-4      Rock right forward, step on left, step right toe back, drop heel  
5-8      Step left toe back, drop heel, rock right back, step on left

## HEEL STRUTS TURNING 1/4 RIGHT

1-4      Step right heel forward, drop right toe, step left heel forward, drop left toe  
5-8      Step right heel forward turn 1/4 right, drop right toe, left heel forward, drop left toe

## PIVOT 1/2 LEFT, LOCK STEP FORWARD

1-4      Step right forward, pivot 1/4 left, step right forward, pivot 1/4 left  
5-8      Step right forward, step left forward behind right, step right forward, hold

## PIVOT 1/2 RIGHT LOCK STEP FORWARD

1-4      Step left forward, pivot 1/4 right, step left forward, pivot 1/4 right  
5-8      Step left forward, step right forward behind left, step left forward, hold

## HEEL, HEEL, BEHIND SIDE CROSS

1-4      Tap right heel, hold, tap right heel, hold  
5-8      Step right behind left, step left to left side, step right in front on left, hold

## POINT, KICK, COASTER BACK

1-4      Point left to left side, hold, kick left forward, hold  
5-8      Step left back, step right back next to left, step left forward, hold

## TOE STRUT JAZZ BOX

1-4      Step right toe forward, drop heel, step left toe back, drop heel  
5-8      Step right toe to right side, drop heel, step left toe next to right, drop heel

## ROCK AND CROSS

1-4      Rock right to right side, step on left, step right in front of left, hold  
5-8      Rock left to left side, step on right, step left in front of right, hold

**RESTART: In the 7th rotation after 48 counts you will be facing the 9:00 wall, restart the dance**