

# One Prayer

拍數: 32      牆數: 4      級數: Improver  
編舞者: Marianne van der Toorn Vrijthoff (NL) - January 2021  
音樂: One World, One Prayer (feat. Skip Marley, Farruko, Shaggy & Cedella Marley) -  
The Wailers



## Intro: 16 Counts

### Sec 1: R Dorothy Step, L Dorothy Step, Rock fwd, Recover, Side Rock, Recover, Back Rock, Recover, Cross

1-2&      RF. Step diagonal R forward - LF. Lock behind RF - RF. Step diagonal R forward  
3-4&      LF. Step diagonal L forward - RF. Lock behind LF - LF. Step diagonal L forward  
5&6&      RF. Rock forward - LF. Recover - RF. Side Rock - LF. Recover  
7&8      RF. Back rock - LF. Recover - RF. Cross over LF

### Sec 2: Side Rock, Recover, Sailor 1/4 Turn L, Step fwd, Pivot 1/2 Turn L, Shuffle 1/2 Turn L

1-2      LF. Side rock - RF. Recover  
3&4      LF. 1/4 Turn L cross behind RF - RF. Step together - LF. Step forward (9:00)  
5-6      RF. Step forward - Pivot 1/2 turn L (3:00)  
7&8      Shuffle 1/2 turn L stepping R-L-R (9:00)

### Sec 3: Walk L.R Back, Coaster Step, Rock fwd, Recover, 1/4 Turn R, Rock fwd, Recover, 1/2 Turn L

1-2      LF. Step back - RF. Step back  
3&4      LF. Step back - RF. Step together - LF. Step forward  
5&6      RF. Rock forward - LF. Recover - RF. 1/4 Turn R step to R side (12:00)  
7&8      LF. Rock forward - RF. Recover - LF. 1/2 Turn L step forward (6:00)

### Sec 4: Step fwd, 1/4 Turn L, Cross Shuffle, L Mambo, Together, R Mambo, Touch

1-2      RF. Step forward - 1/4 Turn L (3:00)  
3&4      RF. Cross over LF - LF. Step to L side - RF. Cross over LF  
5&6      LF. Side rock - RF. Recover - LF. Step together  
7&8      RF. Side rock - LF. Recover - RF. Touch toe beside LF

## Start Again

### Ending: Dance the 9th wall up to and including count 14, count 6 of the 2th block, then do (3:00)

7&8      RF. Step forward - 1/4 Turn L - RF. Cross over LF (12:00)

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