

Every Morning

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - December 2020
音樂: Every Morning (feat. Leony!) (LANNÉ Remix) - Noel Holler : (iTunes / Spotify)



(Intro: 32 counts)

[S1] Fwd, Tap-Reverse Rocking Chair-Side-Kick-Side-Scuff-Out-Out, Sailor 1/4R-Fwd

1 2 Step forward on L, Tap R next to L
&3&4 Rock back on R, Recover weight on L, Rock forward on R, Recover weight on L
&5&6 Step R to the side, Kick L across R, Step L to the side, Scuff R
&7 Step R to the side, Step L to the side
8&1 Step R behind L, Make a ¼ turn right stepping L beside R, Step forward on R (3:00)

[S2] Heel-Hook-Heel-Hook-1/4L Samba, Cross-1/4R-1/4R w/ Flick, Side-Behind-1/4L

2&3& L heel forward, Touch L toe across R, L heel forward, Touch L toe across R
4&5 Step forward on L, Make a ¼ turn left stepping R to the side, Recover weight on L (12:00)
6&7& Cross R over L, Make a ¼ turn right stepping back on L, Make a ¼ turn right stepping R to the side, Flick L behind R (6:00)
8&1 Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L (3:00)

[S3] Step-Pivot 1/2L-1/2L w/ Sweep, Behind-1/4R-Step-Pivot 1/2R-1/2R w/ Sweep, Behind-Side-Cross Rock

2&3 Step forward on R, Make a ½ turn left recover weight on L, Make a ½ turn stepping R slightly to the side/sweeping L around (3:00)
4& Step L behind R, Make a ¼ turn right stepping forward on R (6:00)
5&6 Step forward on L, Make a ½ turn right recover weight on R, Make a ½ turn right stepping back on L/sweeping R around (6:00)
7&8& Step L behind R, Step L to the side, Rock R across L, Recover weight in L

[S4] Side, Heel Twist-Behind-Side Rock-Behind-1/4R-Step-Pivot 1/2R, Side-Together, Step-Lock

1 2& Step R to the side, Swivel heels to the right, Swivel heels back to the centre
3&4 Step R behind L, Rock L to the side, Recover weight on R
&5&6 Step L behind R, Make a ¼ turn right stepping forward on R, Step forward on L, Make a ½ turn right recover weight on R (3:00)
7&8& Step L to the side, Step R together, Step forward on L, Lock step R behind L

The dance finishes at 9:00 o'clock, step-¼ pivot to the front.

No Tags Or Restarts.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 30/Dec/20)