

Let's Roll

拍數: 48 牆數: 2 級數:
編舞者: Amanda Pearce (USA) - December 2020
音樂: Lil Bit - Nelly & Florida Georgia Line



Intro: 16 counts - Restarts: walls 2 and 5 after 32 counts

[1-8] Stomp R, Hold, Behind Side ½ Turn with Scuff, Stomp L, Hold, ¾ Turn

1-2 Stomp R to R side, Hold
3&4 Step L Behind R, Step R to R side, ½ turn R with L scuff
5-6 Stomp L to L side, Hold
7&8 ¾ turn R stepping fwd R

[9-16] Heel Grind, Coaster Step, Rock Recover, ½ Turn Shuffle R

1-2 Rock fwd on the L heel, Rotate toes out. Recover on R as you rotate toes out
3&4 Step back on L, Step R next to L, Step fwd L
5-6 Rock fwd R, Recover back L
7&8 ½ turn R stepping fwd R, Step L next to R, Step fwd R

[17-24] L Step Lock, L Shuffle, Rock Recover, ½ Turn Shuffle R

1-2 Step L fwd, Step R fwd & crossed behind L
3&4 Step L fwd, Step R next to L, Step fwd L
5-6 Rock fwd R, Recover Back on L
7&8 ½ turn R stepping fwd R, Step L next to R, Step fwd R

[25-32] L Toe Strut, R Toe Strut, Point L, Monterey R

1-2 Touch L toe fwd, Step L heel
3-4 Touch R toe fwd, Step R heel
5-6 Point L to L side, Step L next to R
7-8 Point R to R side, ¼ Turn R stepping on R

Restart Here walls 2 and 5

[33-40] L Step Lock, L Shuffle, Full Turn, R Shuffle

1-2 Step L fwd, Step R fwd & crossed behind L
3&4 Step L fwd, Step R next to L, Step fwd L
5-6 Make ½ turn L stepping fwd R, Make ½ turn L stepping back L
7&8 Step R fwd, Step ball of L next to R, Step fwd R

[41-48] Touch Heel, Touch Toe, Kick & Cross, Rock Recover, Behind Side Cross

1-2 Touch L heel fwd, Touch L toe next to R
3&4 Kick L fwd, Step L next to R, Cross R in front of L
5-6 Rock side L, Recover onto R
7&8 Step L behind R, Step R to R side, Cross L in front of R