

# As I Lay Me Down

拍數: 32      牆數: 4      級數: High Beginner  
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音樂: As I Lay Me Down - Wiktoria



## Intro - 4 counts

### Section 1: Side Rock. Cross Shuffle. Side Rock. Cross Shuffle.

1-2            Rock right to right side. Recover onto left.  
3&4           Cross right over left. Step left to left side. Cross right over left.  
5-6            Rock left to left side. Recover onto right.  
7&8            Cross left over right. Step right to right side. Cross left over right.

### Section 2: Side Rock. Behind. Side. Cross. Side Rock. Behind. ¼ turn right.

1-2            Rock right to right side. Recover onto left.  
3&4            Cross right behind left. Step left to left side. Cross right over left.  
5-6            Rock left to left side. Recover onto right.  
7&8            Cross left behind right. Turn ¼ right stepping forward on right. Step forward on left.

**Restarts here: Wall 4 (Facing 12 O'clock) Wall 6 (Facing 6 o'clock) 10(Facing 6 O'clock)**

### Section 3: Rock Step. Coaster Step. Step ½ Turn right. Forward Shuffle.

1-2            Rock forward on right. Recover onto left.  
3&4            Step back on right. Step left beside right. Step forward on right.  
5-6            Step forward on left. Turn ½ right.  
7&8            Step forward on left. Close right beside left. Step forward on left.

### Section 4: Rock Step. Coaster Step. Step ½ Turn right. Forward Shuffle.

1-2            Rock forward on right. Recover onto left.  
3&4            Step back on right. Step left beside right. Step forward on right.  
5-6            Step forward on left. Turn ½ right.  
7&8            Step forward on left. Close right beside left. Step forward on left.

**\*\*\*3 Restarts , all after 16 counts**

**\* 1st during wall 4 facing 12 o'clock**

**\*\* 2nd, during wall 6 (facing 6 O'clock)**

**\*\*\* 3rd during wall 10 (facing 6 O'clock)**