

El Mismo Sol

拍數: 40 牆數: 4 級數: Low Intermediate - LILT / Novelty
編舞者: Michal "Dingo" Janák (CZ) - 16 December 2018
音樂: El Mismo Sol - Álvaro Soler : (Album: Eterno Agosto)



Phrased: A B A (tag) B A B A A B A B A A 4 WALL - A32, B8 COUNTS

Part A: 4 walls 32 counts

Section 1: 2x Heel tap, Behind, Side, Cross, 2x Heel tap, Behind, Side, Forward

1 - 2 LF 2x heel taps diagonally L
3 & 4 Step LF behind RF, RF step side, LF cross over RF
5 - 6 RF 2x heel taps diagonally R
7 & 8 Step RF behind LF, LF step side, RF step forward

Section 2: Rock step, Shuffle turn, 2x Cross samba

1 - 2 LF step forward, RF recover weight,
3 & 4 ¼ turn L, LF step side, RF step together, ¼ turn L, LF step forward (LRL),
5 & 6 RF step cross over LF, LF ball step to L, RF recover weight,
7 & 8 LF step cross over RF, RF ball step to R, LF recover weight,

Section 3: Syncopated Mambo steps, Step side, Cross point, Side point, Sailor turn ¼ L

1 & RF rocking heel forward, LF recover weight,
2 & RF ball step backward, LF recover weight,
3 & 4 RF rocking heel forward, LF recover weight, RF step side,
(1-4 with samba feeling like dance Corta Jacas)
5 - 6 LF cross point over RF, Point LF to L,
7 & 8 LF Step cross behind RF, ¼ turn L, RF step R, LF step forward,

Section 4: Syncopated Mambo steps, Step side, Jazz Box

1 & RF rocking heel forward, LF recover weight,
2 & RF ball step backwards, LF recover weight,
3 & 4 RF rocking heel forward, LF recover weight, RF step side,
5 - 6 LF step over RF, RF step backward,
7 - 8 LF Step to L, RF step forward,

Part B: 1 wall 8 counts

Section 1: Rocking chair, Jazz Box

1 - 2 LF step forward, RF recover weight,
3 - 4 LF step backward, RF recover weight
5 - 6 LF step over RF, RF step backward
7 - 8 LF Step to L, RF step forward

Tag: 16 counts

Section 1: 2x Heel tap, Behind, Side Cross, 2x Heel tap, Behind, Side Cross

1 - 2 LF 2x heel taps diagonally L
3 & 4 Step LF behind RF, RF step side, LF cross over RF
5 - 6 RF 2x heel taps diagonally R
7 & 8 Step RF behind LF, LF step side, RF cross over LF

Section 2: Rock step, Shuffle turn, Jazzbox & touch

1 - 2 LF step forward, RF recover weight
3 - 4 ¼ turn L, LF step side, RF step together, ¼ turn L, LF step forward (LRL)
5 - 6 RF step over LF, LF step backward
7 - 8 RF step to R, LF touch beside RF

Ending: 2 counts

Section 1: Step turn ½ R

1 - 2 LF step forward, ½ turn R, RF recover weight
