

拍數: 86 牆數: 2 級數: Phrased Advanced
 編舞者: Heejin Kim (KOR) - December 2020
 音樂: Crown - Ha Jin



Sequence: A,B, A,B, C,B

A - 32count

A[1-8] Body Pumping, Backward, Side Rock, Recover, Behind, Side Rock, Recover, Forward

1 2 RF Ball forward press with Push chest front(1), Pull chest back(2),
 34& Push chest front weight R(3), LF Recover(4), RF Step backward(&)
 56& LF Step side(5), RF Recover(6), LF Step behind(&)
 78& RF Step side(7), LF Recover(8), RF Step forward(&)

A[9-16] Hitch, Backward X3, 1/4 Turn R, Walking X4 and 3/4 Turn R

12& LF Step forward with RF Hitch(1), RF Step backward(2), LF Step backward(&)
 34& RF Step backward(3), LF 1/8 Turn R Step backward(4), RF 1/8 Turn R Step side(&)
 5 6 LF 1/4 Turn R Step forward(5), RF 1/8 Turn R Step forward(6)
 7 8 LF 1/8 Turn R Step forward(7), RF 1/4 Turn R Step forward(8) (12:00)

A[17-24] Shoulder L,R,L Forward X2, Attitude 1/2 Turn R, Spiral Full Turn R, Forward X2

123 LF Step side with Push shoulder L(1), Push shoulder R(2), Push shoulder center weight L (3)
 (*option : Can you look at 1 left, 2 right, 3 front)
 4& RF Step forward(4), LF Step forward(&)
 5 RF Step forward LF Flick back with open knee and 1/4 turn R(5) (3:00)
 6 7 LF 1/4 Turn R Step forward(6), Spiral full turn R(7) (6:00)
 8& RF Step forward(8), LF Step forward(&)

A[25-32] Diamond step

12& RF Step side(1), LF 1/8 Turn L Step backward(2), RF Step backward(&)
 34& LF 1/8 Turn L Step side(3), RF 1/8 Turn L Step forward(4), LF Step forward(&)
 56& RF 1/8 Turn L Step side(5), LF 1/8 Turn L Step backward(6), RF Step backward(&)
 7 8 LF 1/8 Turn L Step side(7), RF 1/4 Turn L Step forward diagonal and prepping to turn(8)
 (6:00)

B - 32count (16count repeat 6:00,12:00. Just 32count is different.)

B[1-8] Full Turn, Arabesque Jump, Backward, 1/4 Turn L, Hitch, Backward X3, 1/2 Turn R, Full Turn R

1 2 LF Full Turn R Step together(1), RF Step diagonal with L leg lift stretch and jump(2)
 34& LF Step backward(3), RF Step behind(4), LF 1/4 Turn L Step forward(&) (3:00)
 5 RF Step forward with LF Hitch, Both Arms lift over and look at up (5)
 6&7 LF Step backward(6), RF Step backward(&), LF Step backward(7)
 8&8 RF 1/2 Turn R Step forward(&), LF 1/2 Turn R Step backward(8), RF 1/2 Turn R Step
 forward(&) (9:00)

B[9-16] Chase Half Turn, 1/2 Turn L X2, Basic step, weave

1&2& LF Step forward(1), RF 1/2 Turn R Step forward(&), LF Step forward(2), RF Step forward(&)
 3&4& LF 1/2 Turn L Step forward(3), RF Step forward(&), LF 1/2 Turn L Step forward(4), RF 1/4
 Turn L Step side(&) (12:00)
 5&6& LF Step together position 3(5), RF Cross over(&), LF Step side(6), RF Step together position
 3(&)
 7&8& LF Cross over(7), RF Step side(&), LF Step behind(8), RF Step forward diagonal and
 prepping to turn(&)

B[17-24] Full Turn, Arabesque Jump, Backward, 1/4 Turn L, Hitch, Backward X3, 1/2 Turn R, Full Turn R

1 2 LF Full Turn R Step together(1), RF Step diagonal with L leg lift stretch and jump(2)
3&4 LF Step backward(3), RF Step behind(4), LF 1/4 Turn L Step forward(&) (9:00)
5 RF Step forward with LF Hitch, Both Arms lift over and look at up (5)
6&7 LF Step backward(6), RF Step backward(&), LF Step backward(7)
&8& RF 1/2 Turn R Step forward(&), LF 1/2 Turn R Step backward(8), RF 1/2 Turn R Step forward(&) (3:00)

B[25-32] Chase Half Turn, 1/2 Turn L X2, Basic step, Side, Behind, Touch

1&2& LF Step forward(1), RF 1/2 Turn R Step forward(&), LF Step forward(2), RF Step forward(&)
3&4& LF 1/2 Turn L Step forward(3), RF Step forward(&), LF 1/2 Turn L Step forward(4), RF 1/4 Turn L Step side(&) (6:00)
5&6& LF Step together position 3(5), RF Cross over(&), LF Step side(6), RF Step together position 3(&)
7&8& LF Cross over(7), RF Step side(&), LF Step behind(8), RF Touch forward(&)

***Step change before C part = 8& -> 8 (Don't do the last & count)**

C - 22 count (12:00)**C[1-8] Basic Step, 1/2 Turn R, Side, Cross over, X2**

12& RF Step side(1), LF Step together position 3(2), RF Cross over(&)
34& LF 1/4 Turn R Step backward(3), RF 1/4 Turn R Step side(4), LF Cross over(&) (6:00)
56& RF Step side(5), LF Step together position 3(6), RF Cross over(&)
78& LF 1/4 Turn R Step backward(7), RF 1/4 Turn R Step side(8), LF Cross over(&) (12:00)

C[9-16] Forward, Sweep, Cross, Side, Backward, Sweep, Behind, Side, Walking X3, Side

12& RF Step forward with LF Sweep forward(1), LF Cross over(2), RF Step side(&)
34& LF Step backward with RF Sweep backward(3), RF Step behind(4), LF Step side(&)
567 Walking Forward, R(5),L(6),R(7)
8 LF Step side and Start body circle L(8)

C[17-22] Body Circle, Drag, Side

123 Body circle to R (1,2,3)
456 Body circle finish and Weight LF(4), RF Drag together(5), RF Step forward diagonal and prepping to turn(6)

***When the lyrics are "Can't you", you can do 6count step.**

Last Update - 28 Dec. 2020
