

This Is What We Live For

拍數: 32 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - December 2020
音樂: This Is What We Live For - Big Daddy Weave : (Spotify)



(Dance starts on lyrics)

[S1] Side-Behind-1/4L-Step-Pivot 1/4L-Cross-1/4R-1/2R, Fwd-Together-Back-Back-Back-Touch-Fwd-Touch

1&2 Step L to the side, Step R behind L, Make a ¼ urn left stepping forward on L
&3& Step forward on R, Make a ¼ turn left recover weight on L, Cross R over L (6:00)
4& Make a ¼ turn right stepping back on L, Make a ½ turn right stepping forward on R (3:00)
5&6& Step forward on L, Step R next to L, Step back on L, Step back on R
7&8& Step back on L, Touch R toe across L, Step forward on R, Touch/tap L toe behind R

[S2] Back w/ Sweep, Back Rock, Fwd Rock-1/2R-1/2R, Side, Rock Back, Side, Rock Back-1/4R

1 2& Step/push back on L and sweeping R foot around, Rock back on R, Recover weight on L
3& Rock forward on R, Recover weight on L
4& Make a ½ turn right stepping forward on R, Make a ½ turn right stepping back on L (3:00)
5 6& Step/push R to the side, Rock back on L, Recover weight on R
7&8& Step L to the side, Rock back on R, Recover weight on L while making a ¼ turn right, Step forward on R** (6:00)

[S3] Step-Kick-Half Turn-Step-Kick-Quarter Turn, Step-Lock-Step, Step-Pivot 1/2L-Full Turn w/ Sweep

1& Step forward on L, Twist your body to the right while kicking forward on R
2& Step back on R, Make a ½ turn left stepping forward on L (12:00)
3& Step forward on R, Twist your body to the left while kicking forward on L
4& Step back on L, Make a ¼ turn right stepping R to the side (3:00)
5&6 Step forward on L, Lock R behind L, Step forward on L
&7 Step forward on R, Make a ½ turn left recover weight on L (9:00)
&8 Make a ½ turn left stepping back on R, Make a ½ turn left stepping forward on L and sweeping R foot around (9:00)

[S4] Fwd Rock-1/2R-1/2R-Reverse Rocking Chair-1/2R-1/2R-Behind-Side-Cross Shuffle

1& Rock forward on R, Recover weight on L
2& Make a ½ turn right stepping forward on R, Make a ½ turn right stepping back on L and sweeping R foot around (9:00)
3&4& Rock back on R, Recover weight on L, Rock forward on R, Recover weight on L
5& Make a ½ turn right stepping forward on R, Make a ½ turn right stepping back on L and sweeping R foot around (9:00)
6& Step R behind L, Step L to the side
7&8 Cross R over L, Step L close to R, Cross L over R

Restart on Wall 3 count 16** (12:00)

The last wall (starts at 9:00) - dance up to S2, then Step-Kick-Quarter Turn to the front.

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 23/Dec/20)