

The Love I Lost

拍數: 64 牆數: 2 級數: Improver
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音樂: The Love I Lost (feat. Sybil) - West End



Intro : Start Lyric

S1. Grapevine - Rollingvine

1 2 Step RF to side (1), Cross LF behind RF (2)
3 4 Step RF to side (3), Touch LF beside RF (4)
5 6 Turn ¼ left Step LF forward (5), Turn ½ left Step RF back (6)
7 8 Turn ¼ left Step LF to side (7), Touch RF to L (8)

S2. Step R, Back Touch, Step L, Back Touch , V Step

1 2 Step RF slightly to right side (1), Touch LF back to RF (2)
3 4 Step LF slightly to left side (3), Touch RF back to LF (4)
5 6 Step RF diagonal forward (5), Step LF diagonal forward (6)
7 8 Step RF back to centre (7), Step LF next to RF (8)

S3. ¾ Turn Left Walk R-L-R-L, Charleston Step

1 2 Step RF forward (1), Turn ¼ left Step LF forward (2)
3 4 Turn ¼ left Step RF forward (3), Turn ¼ left Step LF forward (4)
5 6 Step RF forward (5), Touch LF forward (6)
7 8 Step LF back (7), Touch RF back (8)

S4. Pivot ½ Turn Left 2x, Jazzbox

1 2 Step RF forward (1), Turn 1/2 left weight on LF (2)
3 4 Step RF forward (3), Turn 1/2 left weight on LF (4)
5 6 Cross RF over LF (5), Step LF back (6)
7 8 Step RF beside right (7), Step LF forward (8)

S5. Paddle ¼ Turn Left, Cross Touch, Hitch Touch

1 2 Step RF forward (1), Turn 1/8 left with rolling hips (2)
3 4 Step RF forward (3), Turn 1/8 left with rolling hips (4)
5 6 Cross RF over LF (5), Touch LF beside RF (6)
7 8 Hitch LF knee up across RF (7), Touch LF beside RF (8)

S6. Cross Point forward, Cross Back Point, Forward Rock, Recover, Side Touch

1 2 Cross LF over RF (1), Point RF to side (2)
3 4 Cross RF behind LF (3), Point LF to side (4)
5 6 Rock LF forward (5), Recover weight on RF (6)
7 8 Turn ¼ left Step LF to side (7), Point touch RF next to LF (8)

S7. Walk R-L-R-L, Back Touch, ¼ Turn L Side Touch

1 2 Step RF forward (1), Step LF forward (2)
3 4 Step RF forward (3), Step LF forward (4)
5 6 Step RF back (5), Point touch LF next to RF (6)
7 8 Turn ¼ left Step LF to side (7), Point touch RF next to LF (8)

Restart on Wall 1, After 56 Count

S8. ½ Turn Monterey, Flick, Walk R-L

1 2 Touch RF to side (1), Turn ½ right close RF to LF (2)

3 4 Touch LF to side (3), Close LF to RF (4)
5 6 Step RF forward (5), Turn ½ left Flick RF (6)
7 8 Step RF forward (7), Step LF forward (8)

Restart on Wall 4 after 24 Count & Count (7 8) Stepchange

7 8 Turn ¼ left Step LF to side (7), Touch RF toe beside LF instep (8)

Enjoy the dance

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