

My Girl Josie

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Jill Weiss (USA) - December 2020
音樂: My Girl Josephine - Jump4Joy



No tags or restarts

JAZZ BOX WITH TOE STRUTS

1-2-3-4 Cross R toe over left, drop R heel, step L toe back, drop L heel
5-6-7-8 Step R toe next to L, drop R heel, cross L toe over right, drop L heel (12:00)

FORWARD, SWIVEL HEEL/TOE/HEEL 2x

1-2 Step right slightly forward on right diagonal (1), swivel left heel in towards right heel (2)
3-4 Swivel left toe in towards right heel (3), swivel left heel in towards right heel (weight stays right)(4)
5-6 Step left slightly forward on left diagonal (5), swivel right heel in towards left heel (6)
7-8 Swivel right toe in towards left heel (7), swivel right heel in towards left heel (weight stays left) (8)

BACK DRAG, FORWARD TOUCH, BACK TOUCH

1 Big step back on right
2-3-4 Drag left back next to right (weight stays on R)
5-6 Step left forward, touch R next to L
7-8 Step right back, touch L next to R

VINE LEFT WITH TOUCH, VINE RIGHT WITH CROSS

1-2-3-4 Step L to side, step R behind, step L to side, touch R next to L
5-6-7-8 Step R to side, step L behind, step R to side, step L in front of R

SIDE HOLD, ROCK REPLACE - RIGHT AND LEFT

1-2-3-4 Step side R (1), hold (2), rock back on L (3), replace weight on R (4)
5-6-7-8 Step side L (5), hold (6), rock back on R (7), replace weight on L (8)

Note: Open to slight diagonal on rock back like you would for a lindy

STEP SIDE, STEP TOGETHER (WITH SHIMMY), ¼ PIVOT LEFT WITH HOLDS

1-2-3-4 Step side R (1) Hold or shimmy/shake (2,3), Step L next to R (4) (Weight left)
5-6-7-8 Step forward R (5), hold and clap (6), Pivot ¼ L, weight L (7), hold and clap (8)

Note: Over-rotate a little on the pivot to make the starting cross step easier.

HAVE FUN!!

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