

If I'm Dancing

COPPERKNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Phrased High Improver
編舞者: An Ji Won (KOR) - December 2020
音樂: If I'm Dancing - Britney Spears



SEQUENCE : AB AB AA AB AA AA AA

PART A - 32 COUNTS

SECTION A1: WALK, KICK, 1/4 T COASTER CROSS, HOLD, 1/4 TURN SIDE, CROSS, BIG STEP SIDE, TOUCH

1-2 RF step fwd, LF kick fwd
3&4 LF back, RF beside LF, LF 1/4 T L cross over RF
5&6 Hold, RF 1/4 L step side , LF cross over RF
7-8 RF Big step side, LF touch beside RF (6 o'clock)

SECTION A2: SIDE, 1/2 T L SIDE, 1/4 T L BACK TRIPLE, BACK ROCK&RECOVER, WALK, WALK

1-2 LF step side, RF 1/2 T L step side
3&4 LF 1/4 T L step back, RF step in place, LF step in place
5-6 RF step back , LF step Fwd
7-8 RF step Fwd, LF step Fwd (12 o'clock)

SECTION A3: SIDE ROCK & RECOVER, CROSS BACK, SIDE, CROSS OVER, SIDE, HOLD, 2X BOUNCE 1/4 T R

1-2 RF step side R, LF in place
3&4 RF behind LF, LF step side, RF cross over LF
5-6 LF step side, Hold
&7&8 1/8 T R Both heel up, Both heel down, 1/8 T R Both heel up, Both heel down,

SECTION A4: SIDE, TOUCH, 1/4 T L FWD, 1/4 T L SIDE, 1/4 T L BACK, BACK TOUCH, KICK BALL CHANGE

1-2 RF step side, LF touch beside RF
3-4 LF 1/4 T L step fwd , RF 1/4 T L step side
5-6 LF 1/4 T L step back, RF back touch
7&8 RF kick , RF beside LF with ball, LF step fwd

PART B - 16 COUNTS

SECTION B1: ROCKING CHAIR, 1/4 T L SIDE ROCK, RECOVER, BACK ROCK, RECOVER

1-2 RF step fwd, LF in place
3-4 RF step back, LF in place
5-6 RF 1/4 T L step side, LF in place
7-8 RF step back, LF in place

SECTION B2: SIDE TOUCH, TOGETHER R-L, SIDE TOUCH, 2 CLAP, BACK ROCK, RECOVER, 1/4 PIVOT TURN L

1&2& RF side touch, RF beside LF, LF side touch, LF beside RF
3&4 RF side touch, Clap twice
5-6 RF step back, LF in place
7-8 RF step fwd, LF 1/4 T L step side

Enjoy the dance!

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