

Losing My Religion

COPPER KNOB
BY STEPHENETS

拍數: 64 牆數: 2 級數: Easy Intermediate
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音樂: Losing My Religion - R.E.M.



Start after 32 Count

Restart on Wall 3 After 32 Count

Part 1. DIAGONAL LOCK SHUFFLE RL - FORWARD RECOVER- BACK LOCK SHUFFLE

1&2 Step R to R Diagonal forward, step L cros behind R/ Lock R , step R to R Diagonal forward.
3&4 Step L to L Diagonal Forward, step R cros behind L / lock step L to L diagonal forward.
5&6 Step R forward, recover to L
7&8 step R Back, Cros L over R, step R Back.

PART II. SIDE ROCK- RECOVER- BEHIND- SIDE, CROSS, SIDE RICK-RECOVER- BEHIND- SIDE - CROSS.

1-2 Step L to L side, Recover to R
3&4 Step L Cross Behind R, Step R to R side, Step L Cross over R
5-6 Step R to R Side, Recover to L
7&8 Step R Cross Behind L, Step L to L Side, Step R Cross over L

PART III. FORWARD RECOVER 1/2 TURN FORWARD LOCK SHUFFLE,- PIVOT 1/2 FORWARD LOCK SHUFFLE

1-2 Step L Forward, Recover to R
3&4 1/2 turn L step L Forward, R cross behind L, step L Forward.
5-6 Step R Forward, 1/2 Turn L step L in place.
7-8 Step R Forward, Step L Cros Behind R, R Forward.

PART IV : MONTEREY 1/4 TURN 2X

1-2 Touch L to Side, 1/4 Turn L Close L to R.
3-4 Touch R to Side, R close to L.
5-6 Touch L to L Side, 1/4 Turn L, L closed to R.
7-8 Touch R to Side, R Close to L

PART V : WALK FORWARD RLR SIDE TOUCH - WALK BACK LRL SIDE TOUCH

1-2 Step Forward on R - L
3-4 Step Forward on R - L Touch to L side
5-6 Step Back on L- R
7-8 Step Back on L - R Touch to R Side

PART VI : JAZZ BOX-SIDE ROCK- RECOVER-CROSS SHUFFLE

1-2 R Cross Over L, step L Back.
3-4 Step L to Side, Step L Forward.
5-6 Step R to R Side, Recover to L
7 &8 Step R Cross over L, Step L to L Side, Step R Cross Over L

PART VII : SIDE ROCK- RECOVER- SAILOR 1/4 TURN - FORWARD RECOVER- BACK LOCK SHUFFLE.

1-2 Step L to L Side, Recover to R.
3&4 1/4 Turn L step L Cross Behind R, R Close to L, Step L Forward.
5-6 Step R Forward Recover to L.
7&8 Step R Back, Step L Cross over R, Step R Back.

PART VIII : BACK RECOVER-FORWARD LOCK SHUFFLE- JAZZ BOX 1/4

1-2 Step L Back, Recover to R
3&4 Step L Forward, R cross Behind L , Step L Forward.
5-6 R Cros over L, 1/4 Turn R step L Back.
7-8 Step R to R side, Step L Forward.

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