

# Ba Duba Dop

拍數: 64      牆數: 2      級數: Easy Intermediate  
編舞者: Virnita Simorangkir (OMN) - December 2020  
音樂: MMMBop - Hanson



Sequence AAB A\*AB ABA ABB BA\*  
A\* 16 count

There is 1 Restart in this dance, on wall 4 with change step after 15 count from hitch to step LR together

## Part A

### Sec 1 : grape vine with touch, travelling turn left, hitch

1-4            step R side, step L behind R, step R side, touch L side  
5-8            turn 1/4 left step L forward, turn 1/2 left step R back, turn 1/4 left step L side, hitch R

### Sec 2 : rock recover, lock step back RF with BW on RF, coaster step, forward R hitch L

1-2            rock R forward, recover on L  
3&4            Rock R back, cross L over, Step R back  
5&6            step L back, step R together, step L forward  
7-8            step R Forward, hitch L

### Sec 3 : point , point, 1/4 turn L sailor step, rocking chair

1-2            point L forward, point L side  
3&4            1/4 turn left step L behind, step R side, step L slightly forward  
5-8            rock R forward, recover on L, rock R back, recover on L

### Sec 4 : pivot 1/4 turn left, suffle forward R, toe heel strut, cross over, back

1-2            Step R forward, 1/4 turn left BW on L  
3&4            step R forward, step L together, step R forward  
5-8            point L toe, drop L heel down, cross RF over L, rock back LF

## Part B

### Sec 1 : Push step side R - L - R, pivot turn 1/2 L

1234            Push step R side, Step R together, push step L side, step L together  
5678            Push step R side, step R together, Step L forward, 1/2 turn right BW on L

### Sec 2 : Botafogo L R, cross shuffle,pivot turn 1/2 L

1&2            Cross L over, step R side, step L in place  
3&4            Cross R over, step L to side, step R in place  
5&6            cross L over, step R side slightly back, cross L over  
7-8            step R forward, 1/2 turn left BW on L

### Sec 3 : Push step side R - L - R, pivot turn 1/2 L

1234            Push step R side, Step R together, push step L side, step L together  
5678            Push step R side, step R together, Step L forward, 1/2 turn right BW on R

### Sec 4 : botafogo L R, cross shuffle, forward, together

1&2            Cross L over, step R side, step L in place  
3&4            Cross R over, step L to side, step R in place  
5&6            cross L over, step R side slightly back, cross L over  
7-8            step R forward, close L together

Contact : nita.simorangkir@gmail.com

