

# Salsa LDIB VI

拍數: 80      牆數: 4      級數: Improver Salsa  
編舞者: Lusiana Maemunah (INA) - March 2020  
音樂: Con Calma (Salsa) - Mandinga



No Tag, No Restart

## S1: MARCH FORWARD

1-4      Step R forward, Step L forward, Step R forward, Hold  
5-8      Step L forward, Step R forward, Step L forward, Hold

## S2: MARCH BACKWARD

1-4      Step R backward, Step L backward, Step R backward, Hold  
5-8      Step L backward, Step R backward, Step L backward, Hold

## S3: CROSS ROCK, HOLD, RECOVER, HOLD, GRAPEVINE

1-4      Cross rock R over L, Hold, Recover on L, Hold  
5-8      Step R to side, Cross L over R, Step R to side, Hold

## S4: CROSS BEHIND, RECOVER, CROSS BEHIND, RECOVER

1-4      Cross rock L behind R, Recover on R, Step L to side, Hold  
5-8      Cross rock R behind L, Recover on L, Step R to side, Hold

## S5: CROSS ROCK, HOLD, RECOVER, HOLD, GRAPEVINE

1-4      Cross rock L over R, Hold, Recover on R, Hold  
5-8      Step L to side, Cross R over R, Step L to side, Hold

## S6: CROSS BEHIND, RECOVER, CROSS BEHIND, RECOVER

1-4      Cross rock R behind L, Recover on L, Step R to side, Hold  
5-8      Cross rock L behind R, Recover on R, Step L to side, Hold

## S7: ¼ LEFT TURN SLOW CHASSE, ½ RIGHT TURN SLOW CHASSE

1-4      Make ¼ L turn step R to side, Step L next to R, Step R to side, Hold  
5-8      Make ½ R turn step L to side, Step R next to L, Step L to side, Hold

## S8: SLOW CHASSE WITH ¼ RIGHT TURN, ¼ RIGHT TURN SLOW CHASSE

1-4      Step R to side, Step L next to R, Make ¼ R turn step R forward, Hold  
5-8      Make ¼ R turn step L to side, Step R next to L, Step L to side, Hold

## S9: BACK ROCK, RECOVER, FORWARD, PIVOT ¾ RIGHT, BACK, HOLD

1-4      Rock R back, Recover on L, Step R forward, Hold  
5-8      Step L forward, Pivot ¾ R turn, Make ¼ R turn step L back, Hold

## S10: BACK ROCK, RECOVER, CLOSE, HOLD, FORWARD, ½ LEFT TURN BACK, CLOSE, HOLD

1-4      Rock R back, Recover on L, Step R beside L, Hold  
5-8      Step L forward, Make ½ L turn step R back, Step L beside R, Hold

Have fun!

For more information about this dance please contact: [gieprod@yahoo.com](mailto:gieprod@yahoo.com)