

I Am No Superman

COPPERKNOB
BY STEPHEN T. C.

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mayee Lee (MY) - December 2020
音樂: I Am No Superman (feat. Stay-C) - Jeronimo : (3:35)



Intro: Start after 16 counts or start at 0.12 seconds

Sec 1 : R Side Mambo, L Side Mambo, R Rocking Chair, R Forward, Touch L

1&2 3&4 Step R to R(1), recover on L(&), step R beside L(2), step L to L(3), recover on R(&), step L beside R(4)
5&6& 7&8 Rock R forward(5), recover on L(&), rock R back(6), recover on L(&), step R forward(7), touch L to L(8)

Sec 2 : Cross L, ¼ Turn L, L Side Shuffle, R Forward, Recover L, R Forward, Recover L

1 2 3&4 Cross L over R(1), ¼ turn L step R back(2)(9.00), step L to L(3), step R on ball beside L(&), step L to L(4)
5 - 8 Rock R forward(5), recover on L(6), rock R forward(7), recover on L(8)

Sec 3 : R Diagonal Shuffle, L Diagonal Shuffle, R Back, L Back, R Out, L Out, R Back, L Together

1&2 3&4 Step R to diagonally R(1), step L beside R(&), step R to diagonally R(2)(10.30), step L to diagonally L(3)(7.30), step R beside L(&), step L to diagonally L(4)
5& 6& 7&8 Step R back(5), step L back(6), step R out(&), step L out(7), step R back(&), step L beside R(8)

Sec 4 : R Dorothy Step, L Dorothy Step, ½ Turn L Walk RLR, Jump Feet Together

1 2& 3 4& Step R to diagonally R (1), step on L behind R(2), step R to diagonally R(&), step on to diagonally L(3), step R behind L(4), step L to diagonally L(&)
5 - 8 ½ turn L walk RLR(5-7)(3.00), jump feet together(8)(3.00)

No Tag No Restart!

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