Have I Told You Lately?



拍數: 32 牆數: 2 級數: Intermediate

編舞者: Alan Spence (UK) - April 2020

音樂: Have I Told You Lately - Van Morrison : (Album: The Essential Van Morrison)



#32 Count Intro. No Tags or Restarts.

Side, Back Rock, ¼Turn, Step ½Turn Step, Cross, Side, Behind, Side, Cross Rock		
	1 2&	Step Right to Right Side, Rock Left Behind Right, Recover onto Right.
	3	Make a ¼ Turn Left Stepping Forward on Left.
	4&5	Step Forward on Right, Pivot ½ Turn Left, Step forward on Right.
	6&7	Cross Left Front of Right, Step Right to Right Side, Step Left Behind Right.
	ዴ ደ	Step Right to Right Side, Cross Rock Left over Right, Recover on Right

Side, Back Rock, ¼Turn, Step ½Turn Step, Forward Rock, Side Rock, Be		
	1 2&	Step Left to Left Side, Rock Right Behind Left, Recover onto Left.
	3	Make a ¼ Turn Right Stepping Forward on Right.
	4&5	Step Forward on Left, Pivot ½ Turn Right, Step forward on Left.
	6&7	Rock Forward on Right, Recover on Left, Rock Right to Right Side,
	&8&	Recover on Left, Step Right behind Left, Step Left to Left Side.

Cross Rock, Side, Cross Rock, Side, Forward Rock, Together, Back Rock Together.

1 2&	Cross Rock Right Over Front of Left, Recover on Left, Step Right to Right Side.
3 4&	Cross Rock Left Over Front of Right, Recover on Right, Step Left to Left Side,
5 6&	Rock Forward on Right, Recover on Left, Step Right Beside Left,
7 8&	Rock Back on Left, Recover on Right, Step Left Beside Right.

Step, Step ½ Turn Step, Full Turn Step, Step, Point Sweep, Back Rock.		
	1	Step Forward on Right,
	2&3	Step Forward on Left, Pivot ½ Turn Right, Step Forward Left.
	4&5	Make ½ Left Stepping back on Right, Make ½ Turn Left Stepping Forward on Left, Step forward on Right.
	6 7&	Step Forward on Left, Point Right Forward, Sweep Right from Front to Back.
	8&	Rock Back on Right, recover on Left.