

# Classic Stride

拍數: 32      牆數: 4      級數: Improver  
編舞者: Aurora de Jong (USA) - December 2020  
音樂: Break My Stride - Matthew Wilder



Dance begins after a 32 count intro - NO TAGS OR RESTARTS!

**[1-8]: Walk R L, out out in in, rock forward and recover, 1/2 turn right shuffle**

1-2            step R forward (1), step L forward (2)  
&3&4        step R to out right (&), step L to out to left (3), bring R back in (&), bring L back in (4)  
5-6            rock R forward (5), recover to L (6)  
7&8            step R forward turning ½ right (7), step L to R (&), step R forward (8) (6:00)

**[9-16]: step L ¼ right, hold, R and L ball point, ¼ left paddle (2x), R kick ball point**

1-2            step L to left turning ¼ right (1), hold (2) (9:00)  
&3&4        step R to L (&), point L out to left (3), step L to R (&), point R out to right (4)  
&5&6&        hitch R (&), step R to right turning ¼ left (5) (6:00), hitch R (&), step R to right turning ¼ left (6) (3:00), hitch R (&)  
7&8            kick R forward (7), step R to L (&), point L to left (8)

**[17-24]: modified heel jack, side step, R and L sailor steps back**

1&2&3        step L behind R (1), step R to right (&), extend L heel (2), bring L to R (&), cross R over L (3)  
4              step L to left (4)  
5&6            step R behind L (5), step L back (&), step R forward at slight right diagonal (6)  
7&8            step L behind R (7), step R back (&), step L forward at slight left diagonal (8)

**[25-32]: cross, ¼ turn right step, rock and recover, R shuffle forward, step hitch with ¼ turn left**

1-2            cross R over L (1), step L back making ¼ turn right (2) (6:00)  
3-4            rock R back (3), recover to L (4)  
5&6            step R forward (5), step L to R (&), step R forward (6)  
7-8            step L forward (7), hitch R making ¼ turn left (8) (3:00)

Dance ends after completing Wall 9. To end at the front wall, on count 32, hitch and turn left to the 12:00 wall.

Enjoy!

Contact: [aurora.dejong@gmail.com](mailto:aurora.dejong@gmail.com)

Last Update - 7 Mar 2022