

El Amor Que Perdimos Bachata (zh)

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Amy Yang (TW) - 2020年12月
音樂: El Amor Que Perdimos - Prince Royce



Intro : 32 counts(16seconds)

Restarts :-

During wall 4, after 32 counts(facing 06 : 00)

During wall 7, after 40 counts(facing 12 :00)

Sec . 1: WEAVE, SWEEP, WEAVE, TOUCH AND HIP BUMP

1 - 4 Cross RF over LF, Step LF to L, Cross RF behind LF, Sweep LF form front out to back
5 - 8 Cross LF behind RF, Step RF to R, Cross LF over RF, Touch RF beside LF with hip bump
1 - 4 右足交叉左足前,左足左踏,右足交叉左足後,左足後繞
5 - 8 左足交叉右足後,右足右踏,左足交叉右足前,右足點收於左足旁及推臀

Sec . 2: ROCKING CHAIR, TOE STRUT AND HIP BUMP(R&L)

1 - 4 Step RF forward, Recover onto LF, Step RF back, Recover onto LF
5 - 6 Touch RF toe forward with hip bump, Step RF heel down
7 - 8 Touch LF toe forward with hip bump, Step LF heel down
1 - 4 右足前踏,重心回左足,右足後踏,重心回左足
5 - 8 右足尖前點及推臀,右足腳跟踏下,左足尖前點及推臀,左足腳跟踏下

Sec . 3: CROSS, POINT AND HIP BUMP(R&L), JAZZ BOX 1/4 TURN R

1 - 4 Cross RF over LF, Point LF to L with hip bump, Cross LF over RF, Point RF to R with hip bump
5 - 8 Cross RF over LF, 1/4 turn R step LF back, Step RF to R, Cross LF over RF(03:00)
1 - 4 右足交叉左足前,左足左側點及推臀,左足交叉右足前,右足右側點及推臀
5 - 8 右足交叉左足前,右轉1/4 左足後踏,右足右踏,左足交叉右足前(03:00)

Sec. 4: SIDE, BESIDE, SIDE, TOUCH AND HIP BUMP, ROLLING VINE

1 - 4 Step RF to R, Step LF beside RF, Step RF to R, Touch LF beside RF with hip bump
5 - 8 1/4 turn L step on LF(12:00), Make 1/2 turn L stepping back on RF(06:00), 1/4 turn L step LF to L, Touch RF beside LF with hip bump(03:00)
1 - 4 右足右踏,左足併於右足旁,右足右踏,左足點收於右足旁及推臀
5 - 8 左轉1/4左足踏(12:00),左轉1/2右足後踏(06:00),左轉1/4左足左踏,右足點收於左足旁 及推臀(03:00)

Sec . 5: RUMBA BOX

1 - 4 Step RF to R, Step LF beside RF, Step RF back,, Touch LF beside RF with hip bump
5 - 8 Step LF to L, Step RF beside LF, Step LF forward, Touch RF beside LF with hip bump
1 - 4 右足右踏,左足併於右足旁,右足後踏,左足點收於右足旁及推臀
5 - 8 左足左踏,右足併於左足旁,左足前踏,右足點收於左足旁及推臀

Sec. 6: WALK FORWARD(R, L, RF). TOUCH, WALK BACKWARD(LF, RF, LF), TOUCH

1-2,3&4 Walk forward on RF, LF, RF, Touch LF beside RF
5-6,7&8 Walk backward on LF, RF, LF, Touch RF beside LF
1-2,3&4 右足前走步、左足前走步、右足前走步,左足點收於右足旁
5-6,7&8 左足後走步、右足後走步、左足後走步,右足點收於左足旁

Sec.7: SIDE, BESIDE, 1/4 TURN R STEP, HITCH(*2)

1-2, 3&4 Step RF to R, Step LF beside RF, 1/4 turn R step on LF, Hitch on RF(06:00)

5-6, 7&8 Step RF to R, Step LF beside RF, 1/4 turn R step on LF, Hitch on RF(09:00)
1-2, 3&4 右足右踏,左足併於右足旁,右轉 1/4左足踏,右足提起(06:00)
5-6, 7&8 右足右踏,左足併於右足旁,右轉 1/4左足踏,右足提起(09:00)

Sec.8: STEP BRUSH(R&L), STEP SWAY

1 - 4 Step RF to R, Brush LF forward, Step LF to L, Brush RF forward,
5 - 8 Step RF to R then Sway hip R, L, R, L
1 - 4 右足右踏,左足前刷,左足左踏,右足前刷
5 - 8 右足右踏,擺臀右、左、右、左

Start again

Restart :

During wall 4, after 32 counts(facing 06 : 00)

During wall 7, after 40 counts(facing 03 :00)

重新開始：第四面牆跳32拍,加拍 4拍 (面向06:00)

第七面牆跳40拍 (面向03:00)

Have Fun & Happy Dancing!

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