

# Samba Bella

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Phrased Intermediate  
編舞者: Penny Tan (MY), EWS Winson (MY) & Jennifer Choo Sue Chin (MY) - December 2020  
音樂: Bella Bella - Luca Hänni



Sequence: AB AB A- BA BA A- Tag BB

Intro: 16 counts (approx. 10 sec)

## Part A (32 counts)

### A1 (1-8) R Point Touch Close, L Point Hold Close, R Fwd Press, Heel Swivel, Body Roll

1-2&      Point R toes to R side (1), Touch R toes beside LF (2), Close RF next to LF (&) 12:00  
3-4&      Point L toes to L side (3), Hold for 1 count (4), Close LF next to RF (&) 12:00  
5&6      Press R toes fwd (5), Twist R heel out to R side (&), Return R heel to centre (6) 12:00  
7-8      Roll body from up to down for 2 counts with weight ending on LF (7-8) 12:00

### A2 (9-16) R Side Chasse, ¼L with L Side Chasse, ¼L with Hip Sways

1&2      Step RF to R side (1), Step LF beside RF (&), Step RF to R side (2) 12:00  
3&4      Turn ¼L stepping LF to L side (3), step RF beside LF (&), Step LF to L side (4) 9:00  
5-8      Turn ¼L stepping RF to R side and sway hips to R side (5), Sway hips to L-R-L sides (6-7-8)\* 6:00

\*For A-, dance only the first 16 counts

### A3 (17-24) R-L Syncopated Fwd Rock, L-R Batucada Steps

1-2&      Press R toes fwd and roll hip CW (1), Recover on LF (2), Close RF next to LF (&) 6:00  
3-4      Press L toes fwd and roll hip CCW (3), Recover on RF (4) 6:00  
&5      Step LF back (&), Press RF fwd and roll hip CW (5) - Option: touch R toes forward (5) 6:00  
&6      Step RF back (&), Press LF fwd and roll hip CCW (6) - Option: touch L toes forward (6) 6:00  
&7      Step LF back (&), Press RF fwd and roll hip CW (7) - Option: touch R toes forward (7) 6:00  
&8      Step RF back (&), Press LF fwd and roll hip CCW (8) - Option: touch L toes forward (8) 6:00

### A4 (25-32) Ball Step Fwd Ball Lock Fwd Fwd, ½ Samba Diamond

&1-2      Step ball of LF back (&), Step RF fwd (1), Step LF fwd (2) 6:00  
&3&4      Step ball of RF fwd (&), Lock ball of LF behind RF (3), Step RF fwd (&), Step LF fwd (4) 6:00  
5&6&      Cross RF over LF (5), turn ½R stepping LF to L side (&), step RF back (6), hitch L knee fwd (&) 7:30  
7&8      Step LF back (7), turn ½R stepping RF to R side (&), cross LF over RF (8) 9:00

## Part B (16 counts)

### B1 (1-8) R Samba Whisk, L Corta Jaca, L Samba Whisk, R Corta Jaca

1a2      Step RF to R (1), Rock ball of LF behind RF (a), recover on RF (2) 9:00  
3&4&      Rock L heel to L diag fwd (3), Recover on RF (&), Rock L ball back (4), Recover on RF (&) 9:00  
5a6      Step LF to L side (5), Rock ball of RF behind LF (a), Recover on LF (6) 9:00  
7&8&      Rock R heel to R diag fwd (7), Recover on LF (&), Rock R ball back (8), Recover on LF (&) 9:00

### B2 (9-16) R Samba Whisk, L Corta Jaca, L Full Volta Turn

1a2      Step RF to R (1), Rock ball of LF behind RF (a), recover on RF (2) 9:00  
3&4&      Rock L heel to L diag fwd (3), Recover on RF (&), Rock L ball back (4), Recover on RF (&) 9:00  
5&      Turn ¼L crossing LF over RF (5), Step ball of RF behind LF (&) 6:00

6&7& Repeat 5& (2x) 12:00  
8 Turn ¼L crossing LF over RF (8) 9:00

**Tag Out Out In In with Shimmies**

1-4 Step RF to R diag fwd(1), Step LF to L diag fwd (2), Step RF back (3), Close LF beside RF  
(4)

**(Optional: shimmy shoulders for 4 counts) 12:00**

Hope you enjoy this dance!

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