

You Are the Best of Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Ultra Beginner
編舞者: Pat Newell (USA) - 30 November 2020
音樂: Best of Me - Delbert McClinton



PATIO DANCING 2020 - 32 in.

ROCKING CHAIR, 1/2 PIVOT LEFT

1-4 Rock fwd on R, recover on L, rock back on R, recover on L
5-8 Step fwd on R, pivot 1/2 left on L, triple fwd RLR

ROCKING CHAIR, 1/4 PIVOT RIGHT 9:00

1-4 Rock fwd on L, recover on R, rock back on L, recover on R
5-8 Step fwd on L, pivot 1/4 R, triple fwd LRL 9:00

ROCK RECOVER, STEP BACK, HOLD COASTER STEP FWD, BRUSH

1-4 Rock fwd on R, recover on L, step back on R, Hold
5-8 Step back on L, step together on R, step fwd on L, brush

JAZZ BOX, V STEP

1-4 Step R over L, step back on L, step R beside L, step fwd on L
5-8 Step out and slightly fwd on R, step out and slightly fwd on L, Step in on R step in on L

Choreographed by Pat Newell 11-30-20
DANCE FOR THE HEALTH OF IT
