

I'm So Lonely

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Ira Barie (INA) - November 2020
音樂: Lonely - Justin Bieber & Benny Blanco



Start dancing after 16 count
NO TAG NO RESTART

SEC 1. WALK BACK (R-L) - ¼ TURN R TO SIDE - L POINT - ROLLING VINE L - SWEEP R - ROCK FWD R - RECOVER - ¼ TURN R SIDE - RECOVER

1-2&3 Walk backward R-L, ¼ turn R step RF to side, point on LF (3.00)
4&5 ¼ turn L step LF forward (12.00), ½ turn L step RF backward (6.00), ¼ turn L step LF to side while RF sweep to front (3.00)
6& Step RF forward, recover on LF
7-8 ¼ turn R step to side, recover on LF (6.00)

SEC 2. ROLLING VINE R - ROCK FWD R - RECOVER - STEP BACKWARD WITH SWEEP - STEP TO L SIDE

1-2&3 ¼ turn R step RF forward (9.00), ½ turn R step LF backward (3.00), ½ turn R step RF forward, step LF forward (9.00)
4&5 Step RF forward, recover on LF, step RF backward with sweep LF back
6-7 Step LF backward with sweep RF back, step RF backward
8 Step LF to side

SEC 3. WALK DIAGONALLY FWD - WALK DIAGONALLY BACKWARD - ½ TURN R WITH SWEEP L - CROSS - STEP TO R SIDE - STEP BACKWARD - RECOVER

1-2&3 1/8 turn L Step RF forward (7.30), step LF forward, recover on RF, step LF backward
4&5 Step RF backward, 1/8 turn R step LF backward (9.00), step RF ball and sweep LF in front of RF while turning ½ R (3.00)
6&7 Step LF cross over RF, step RF to side, step LF backward
8& Step RF backward, recover on LF

SEC 4. STEP FWD - RECOVER - ½ TURN L FWD - RECOVER - ½ TURN R FWD - SCISSOR STEP - ¾ TURN L

1-2&3 Step RF forward, step LF forward, recover on RF, ½ turn L step LF forward (9.00)
4&5 Step RF forward, recover on LF, ½ turn R step RF forward (3.00)
6&7 Step LF to side, step RF next to LF, step LF cross over RF
8& ¼ turn L step RF backward (12.00), ½ turn L step LF forward (6.00) (weight on LF)

Enjoy the dance !!!

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Last Update - 3 Dec. 2020