

Arabia Maria

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Intermediate
編舞者: Josée Dubé (CAN) - November 2020
音樂: Znam da Pretaram - Sandra Afrika



Intro : 16,

S1: walk and move hips

1-2-3&4 step L, R, L walk fw , step R side, step L on place
5-6-7&8 hips right, hips left, step R together, step L side, step R on place

S2: walk, one box 1/2 turn left, move hips

1-2-3&4 step L, R walk fw, step L fw 1/8 left, step R side 1/8 left, step L together
5&6-7-8 step R bw 1/8 left, step L side 1/8 left, step R together, step L side + hips L, hips R

S3: breaks bw and walk point fw + arms in the air move hips

1&2 step L together, step R bw, step L on place,
3&4 step R together, step L bw, step R on place
5-6-7-8 step L point fw, step L on place, step R point fw, step R on place

S4: ½ turn right arabian style and move hips

1&2& step L 1/8 Right, step R on place, step L side 1/8 Right , step R on place
3&4& repeat
5&6& step L fw , step R on place, step L side, step R on place,
7-8 hips R, hips L hands together pray

S5: grapevine + hands praying & cross chased with hands like growing flower

1&2& step L cross fw, step R side, step L cross bw, step R side,
3&4 step L cross fw, step R side, step L on place
5&6&7&8 step R cross fw, step L side, (3 mores)

S6: walk bw shaking shoulders

1-2-3-4 step L bw and step R together slide, step R bw and step L together slide
5-6-7&8 step L bw and step R together slide, *step R fw, step L together, step R fw*
Option for * to *: step R fw ¼ turn right, step L ¼ turn right, step R ½ turn Right

Make 7 routines, S1 S2, tag1, S3 to S6, one more routine, tag2 , finale

Tag1:

9-10 hips R hips Left

Tag2:

1-2 pause don't move

Finale:

S1 fw, S1 bw (reverse)

& step R together