

Bie Zhi Ji (Dangdut Mix)

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Improver
編舞者: Anthony Kusanagi (INA) - November 2020
音樂: Bie Zhi Ji (別知己) (Dangdut Remix) - Gean Lim (林必嬪)



Start dancing on Vocal.

I. ROCKING CHAIR - FORWARD ROCK WITH BODY RIPPLE - RECOVER - FORWARD RECOVER WITH BODY RIPPLE - RECOVER

1-2 R step forward(1), recover to L(2)
3-4 R step backward(3), recover to L(4)
5-6 R step forward(5), recover to L(6)
7-8 recover to R(7), recover to L(8)

II. CROSSING SHUFFLE - SIDE TOUCH - CROSSING SHUFFLE - SIDE TOUCH

1-2 R cross over L(1), L step to left side(2)
3-4 R cross over L(3), L touch to left side(4)
5-6 L cross over R(5), R step to right side(6)
7-8 L cross over R(7), R touch to right side(8)

III. JAZZ BOX TO QUARTER TO RIGHT - JAZZ BOX TO QUARTER TO RIGHT

1-2 R cross over L(1), turn ¼ to right(03.00) then L step backward(2)
3-4 R step to right side(3), L step forward(4)
5-6 R cross over L(5), turn ¼ to right(06.00) then L step backward(6)
7-8 R step to right side(7), L step forward(8)

IV. GANCHOS

1-2 R step forward(1), L flick across behind R(2)
3-4 L step backward(3), R flick across in front of L(4)
5-6 R step forward(5), L flick across behind R(6)
7-8 L step backward(7), R flick across in front of L(8)

V. FORWARD LOCKED STEP - BRUSH - FORWARD LOCKED STEP - BRUSH

1-3 R step forward(1), L lock behind R(2), R step forward(3)
4 L brush forward(4)
5-7 L step forward(5), R locked behind L(6), L step forward(7)
8 R brush forward(8)

VI. ½ TURN PADDLE - CROSS - SIDE TOUCH - CROSS - SIDE TOUCH

1-2 R step forward(1), turn ¼ to left(03.00) then recover to L(2)
3-4 R step forward(3), turn ¼ to left(12.00) then recover to L(4)
5-6 R cross forward(5), L touch to left side on toe(6)
7-8 L cross forward(7), R touch to right side on toe(8)

VII. PIVOT ½ TO LEFT - FORWARD STEP - BUMP - BACKWARD WALK - BUMP

1-2 R step forward(1), turn ½ to left(12.00) then L step forward(2)
3-4 R step forward(3), hip-bump backward on L hip(4)
5-7 backward walk on L(5), R(6), L(7)
8 Hip-bump forward on R hip(8)

VIII. BACKWARD MAMBO - BACKWARD STEP - FORWARD TOUCH - HIP ROLLS

1-3 R step backward(1), recover to L(2), R step forward(3)
4-5 L step forward(4), R touch forward on toe(5)

6-7 make a full turn counter-clock wise hip-rolling (6), hold(7)
8 make a full turn counter-clock wise hip-rolling(8)

ENJOY THE DANCE

**For more information, please contact me on:
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