

All My Heart

COPPERKNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: High Improver WCS style
編舞者: Rex Chuan (USA) - November 2020
音樂: Like We Never Had a Broken Heart - Trisha Yearwood



Tag: 0 - Restart: 0

Start: After 12 counts of intro (Vocal actually starts half count after the dance starts). *As an alternative, you can elect to start 4 counts later at count 5 to avoid uncertainty.

S1: Rock, Back Cross, Sailor Step Turn, Pivot Turn, Walk, Side, Cross

- 1234&. Rock RF forward(1), recover and sweep RF backward(2), cross RF behind LF(3) and sweep LF backwards while making L quarter turn, cross LF behind RF(4), make R quarter turn and step RF forward (&)
- 5678&. Step LF forward (5), R half turn and step RF forward(6), step LF forward (7), L quarter turn and step RF R(8), cross LF behind RF(&) (3:00)

S2: Side Lounge, Samba Step Turn, Sway (L-R), Three Step Turn

- 1234&. Wide step RF R(1), lower down bending R knee(2), recover weight on LF(3) making L quarter turn and sweeping RF forward, cross RF(4), step LF L(&) and make R quarter turn
- 5678&. Step RF R(5), sway L(6), sway R(7) and make R half turn, step LF L(8) and make R half turn, step RF R(&) and make half turn R (9:00)

S3: Side, Hitch & Back Cross, Three Step Turn, Recover, Tap, Flick

- 1234&. Step LF L(1), cross RF behind LF(2) and hitch LF, cross LF behind RF(3), step RF R(4), make R quarter turn and step LF L(&)
5678. Make R quarter turn and rock RF backwards (5), recover (6), wide tap RF R(7), flick RF and move it closer to RF(8) (3:00)

S4: Forward, Pivot Turn, Samba Step With Turn, Forward, Spiral, Turn & Forward

- 1234&. Step RF forward (1), step LF forward(2), make R half turn and step RF forward(3) and sweep LF forward, cross LF(4), step RF R and make L quarter turn(&)
- 5678&. Step LF together(5), step RF forward (6), step LF forward(7) and make R full turn, step RF forward(8), make R quarter turn and step LF forward (&) (9:00)

Enjoy the dance!
