

Cry Out

拍數: 32 牆數: 2 級數: Advanced
編舞者: Guillaume Richard (FR) - November 2020
音樂: Cry Out - Loïc Nottet



Intro: 16 counts

Tag 1 : At the end of wall 1, add these next 2 counts :

1-2 Sway to R - Sway to L

Tag 2 : At the end of wall 2, do these next 8 counts

1&2-3-4& Step RF to R (1), Touch L toes behind RF (&), Step LF to L (2), Cross RF behind LF and hitch L knee from front to the back (3), Cross LF behind RF (4), Recover on RF (&)

5&6-7-8& Step LF to L (5), Touch R toes behind LF (&), Step RF to R (6), Cross LF behind RF and hitch R knee from front to the back (7), Cross RF behind LF (8), Recover on LF (&)

Restart : At the end of wall 6, restart the dance with the last 16 counts

[1 - 8] Step Touch Step, Cross & Hitch, Behind, 1/8 turn Step, Mambo Step, Rock Step, Full Turn, Step Fwd

1&2 Step RF to R (1), Touch L toes behind RF (&), Step LF to L (2) 12:00

3-4& Cross RF behind LF and hitch L knee from front to the back (3), Cross LF behind RF (4),
Make 1/8 turn R stepping RF fwd 1:30

5&6 Step LF fwd (5), Recover on RF (&), Step LF back (6) 1:30

&7&8& Step RF back (&), Recover on LF (7), Make 1/2 turn L stepping RF back (&), Make 1/2 turn L
stepping LF fwd (8), Step RF fwd (&) 1:30

[9 - 16] Rock Step, Touch, 1/4 turn, Drag with 1/4 turn, Step Fwd, Step 3/8 turn, Cross Rock, Step, Touch

1-2& Step LF fwd (1), Recover on RF (2), Touch L toes backward (&) 1:30

3-4 Make 1/4 turn L stepping on LF and raise both of your hands next to your head (3), Make 1/4
turn L as you drag RF next to LF and push your R hand fwd handpalm open (4) 10:30

5-6& Step RF fwd (5), Step LF fwd (6), Make 3/8 turn R stepping on RF (&) 12:00

7&8& Cross LF over RF (7), Recover on RF (&), Step LF to L (8), Touch R toes next to LF 12:00

[17 - 24] Sweep & Turn, Piqué Turn, Step & Sweep, Mambo Step 1/2 turn, Sweep & Turn, Piqué Turn, Step & Sweep, Rock Step

1& Make 1/8 turn R stepping on RF as you sweep LF from back to front to start your turn L on
RF (1), Finish your full turn stepping on LF (&) 1:30

2& Step on RF as you start a full turn R on RF with piqué (lift LF next to R leg as a hitch) (2),
Finish your full turn stepping on LF (&) 1:30

3-4& Step RF fwd and sweep LF from back to front (3), Step LF fwd (4), Recover on RF (&) 1:30

5& Make 1/2 turn L stepping on LF as you sweep RF from back to front to start your turn L on LF
(5), Finish your full turn stepping on RF (&) 7:30

6& Step on LF as you start a full turn L on LF with piqué (lift RF next to L leg as a hitch) (6),
Finish your full turn stepping on RF (&) 7:30

7-8& Step LF fwd and sweep RF from back to front (7), Step RF fwd (8), Recover on LF (&) 7:30

[25 - 32] Step back & Sweep x2, Step Back, 1/8 turn Step, Sway x2, 1/4 turn

1-2& Step RF back as you sweep LF from front to the back (1), Step LF back as you sweep RF
from front to the back (2), Step RF back (&) 7:30

3-4& Make 1/8 turn L stepping LF to L (3), Sway to R (4), Sway to L (&) 6:00

- 5& Recover on RF and take R arm straight up and L arm out and begin a circular motion clockwise (5), Make $\frac{1}{4}$ turn R keeping weight on RF and bending LF knee in and finish circular movement with R arm ending under L, L arm laid directly on top of R at chest height, elbows bent (&) 9:00
- 6& Make $\frac{1}{4}$ turn L stepping on LF and taking both arms down (6), Step RF next to LF and raise up both arms over your head handpalm open in front of yourself 6:00
- 7-8& Make a fist with both hands and take them down (7), Cross RF over LF (8), Recover on LF (&) 6:00

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