

Back to Us

拍數: 32 牆數: 2 級數: High Improver
編舞者: Hiroki Oishi (CAN) - November 2020
音樂: Back to Us - Jordyn Pollard



Dance starts after intro of 16 counts - 1 Restart, 1 Tag

Tag: Rocking Chair after 24 counts on 1st wall

1,2,3,4 Rock step R forward, Recover on L, Rock step R backward, Recover on L

Restart after 8 counts on 5th wall

Section 1: Rock step forward, Lock shuffle step forward, Half turn and Rock step forward, Lock shuffle step forward

1, 2 Rock Step R forward, Step L locking behind R
3, &, 4 Step R forward, Step L locking behind R, Step R forward
5, 6 Rock Step L forward turning 1/2 to L, Step R locking behind L (6:00)
7, &, 8 Step L forward, Step R locking behind L, Step L forward

Section 2: R mambo 1/2 turn, R shuffle half turn, L mambo 1/2 turn, R coaster

1, &, 2 Step R forward, Recover on L, Step R backward turning 1/2 to R (12:00)
3, &, 4 Step L forward turning 1/4 to R, Step R next to L, Step L forward turning 1/4 to R (6:00)
5, &, 6 Step R backward, Recover on L, Step R forward turning 1/2 to L (12:00)
7, &, 8 Step L backward, step R next to L, Step L forward

Section 3: R side shuffle, L sailor 1/4 turn to L, R side shuffle, L sailor 1/4 turn to L

1, &, 2 Step R to R, Step L next to R, Step R to R
3, &, 4 Step L behind R, Step R next to L turning 1/4 to L, Step L next to L (9:00)
5, &, 6 Step R to R, Step L next to R, Step R to R
7, &, 8 Step L behind R, Step R next to L turning 1/4 to L, Step L next to L (6:00)

Section 4: R Point forward, R Point R, Sailor, L Point back, L Point L, Cross, step, step

1, 2 Point R toe forward, Point R toe to R
3, &, 4 Step R behind L, Step L next to R, Step R next to L
5, 6 Point L toe backward, Point L toe to L
7, &, 8 Cross L over R, Step R next to L, Step L to L
