

No Shade Of Green

COPPERKNOB
STEPSHEETS

拍數: 44 牆數: 0 級數: Phrased Intermediate
編舞者: Priska Staud (CH) - May 2020
音樂: No Shade of Green - Flatland Cavalry



Description: Part A 16 Counts, Part B 28 Counts, Intro 16 Counts,
Tag 4 Counts

Intro - A - Intro Short* - A - Intro Short* - B

Intro - A - A - A - B - B - Tag - B - B

Intro - A - Final*

* Intro short: Dance only the first 8 Counts

* Final: Stomp R forward

Intro

Sect 1: ROCKING CHAIR, FULL TURN, SIDE TOUCH, SIDE TOUCH, JUMPING BACK ROCK, STOMP

1 & 2 & Rock step forward R - Recover to L - Rock back R - Recover to L

3 - 4 ½ turn left, Step back R - ½ turn left, Step forward L

& 5 & 6 Side step R - Touch L - Side step L - Touch R

& 7 & 8 Jumping back R - Heel L forward - Step back on L - Stomp up R

* Intro short ends here

Sect 2: SIDE ROCK RECOVER ½ TURN, SIDE ROCK RECOVER ½ TURN, FULL TURN, STOMP, SWIVEL

1 & 2 Side Rock R - Recover L ½ turn - Step R

3 & 4 Side Rock L - Recover R ½ turn - Step L

5 - 6 ½ turn left, Step back R - ½ turn left, Step forward L

7 & 8 Stomp R - Swivel (R toe to R and L heel to L) - Swivel both feet back to center, weight on L foot

Part A: 16 counts

Sect 1: ROCK STEP RECOVER, STEP BACK, COASTER HEEL, TOUCH, HEEL, POINT, HEEL

1 & 2 Rock step forward R - Recover L - Step back R

3 & 4 & Step back L - Close R next to L - Heel forward L - Step L

5 & 6 & Touch R - Step R - Heel L - Step L

7 & 8 & Point R - Step R - Heel L - Step L

Sect 2: CROSS SIDE BEHIND SIDE HEEL, CROSS, 1/4 TURN 3/4 TURN, STOMP

1 - 2 Cross R over L - Side step L

3 & 4 & Cross R behind L - Step L - Heel R - Step R

5 - 6 Cross L over R - Step R ¼ turn

7 - 8 Step L ¾ turn - Stomp R

* Final: Stomp R forward

Part B : 28 counts

Sect 1: SCOOT BACK, JUMPING BACK ROCK, CROSS, KICK, KICK, CROSS, HITCH, FLICK ½ TURN, ROCK RECOVER ½ TURN, STOMP STOMP

1 & 2 & Scoot back L - Jump back R - Recover to L - Cross R over L

3 & 4 & Jump on L kick R forward - Jump on R kick L forward - Cross L over R - Hitch L next to R

5 - 6 & Flick L ½ turn - Rock Step L - Recover to R ½ turn

7 - 8 & Step L - Stomp R - Stomp L

Sect 2: KICK HOCK KICK FLICK, ROCK RECOVER ½ TURN, ROCK RECOVER STEP BACK, ROCK RECOVER ½ TURN, ½ TURN, STOMP STOMP

1 & 2 & Kick R - Hock R over L - Kick R - Flick R

3 & 4 & Rock step R - Recover to L ½ turn - Rock step R - Recover to L

5 - 6 & Step back R - Rock step L ½ turn - Recover to R
7 - 8 & Step L ½ turn - Stomp R - Stomp L

Sect 3: JUMPING OUT, FLICK, BACK ROCK, BACK ROCK, SCOOT BACK, OUT, CROSS, UNWIND ½ TURN, STOMP, SWIVEL

1 & 2 & Jumping out - Flick R - Jumping back to R - Recover to L
3 & 4 & Jumping back to R - Recover to L - Scoot back L - Jumping out
5 - 6 Jumping cross R over L - Unwind ½ turn
7 & 8 Stomp R - Swivel (R toe to R and L heel to left) - Swivel both feet back to center, weight on L foot

Sect 4: ROCK STEP RECOVER, STEP BACK, COASTER STEP

1 & 2 Rock step forward R - Recover L - Step back R
3 & 4 Step back L - Close R next to L - Step L

Tag

Sect 1: ROCK STEP RECOVER, STEP BACK, COASTER STEP

1 & 2 Rock step forward R - Recover L - Step back R
3 & 4 Step back L - Close R next to L - Step L
