

Night Shift

拍數: 32 牆數: 1 級數: Beginner
編舞者: Chatti the Valley (ES) & Adela Ortega (ES) - November 2020
音樂: Night Shift - Jon Pardi



Intro: 16

[1-8]: Right SIDE, TOGETHER, Right RUMBA BOX, Left SIDE, TOGETHER, Left RUMBA BOX Back.

- 1 Step right to right side
- 2 Step left beside right foot
- 3 Step right to right side
- & Step left beside right foot
- 4 Step right forward
- 5 Step left to left side
- 6 Step right beside left foot
- 7 Step left to left side
- & Step right beside left foot
- 8 Step left back

[9-16]: Right COASTER STEP, Left SHUFFLE, Left STEP TURN, Right SHUFFLE.

- 1 Step right back
- & Step left back, beside right foot
- 2 Step right forward
- 3 Step left forward
- & Step right near left
- 4 Step left forward
- 5 Step right forward
- 6 $\frac{1}{2}$ turn left, weight on left foot (6:00)
- 7 Step right forward
- & Step left forward, near right
- 8 Step right forward

[17-24]: Left Side ROCK STEP, Left BEHIND, SIDE, CROSS, Right Side ROCK STEP, Right SHUFFLE.

- 1 Step left to left side
- 2 Recover weight on right foot
- 3 Step left behind right foot
- & Step right to right side
- 4 Cross left over right
- 5 Step right to right side
- 6 Recover weight on left foot
- 7 Step right forward
- & Step left forward, near right
- 8 Step right forward

[25-32]: Right STEP TURN, Left SHUFFLE, Right & Left Side MAMBO ROCK.

- 1 Step left forward
- 2 $\frac{1}{2}$ turn right, weight on right foot (12:00)
- 3 Step left forward
- & Step right near left
- 4 Step left forward
- 5 Step right to right side
- & Recover weight on left foot

- 6 Step right beside left foot
- 7 Step left to left side
- & Recover weight on right foot
- 8 Step left beside right foot

START AGAIN
