

Foolish

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Darren Bailey (UK) - November 2020
音樂: Foolish - Forest Blakk



Intro: 8 Counts

Step with Sweep, Cross, Side, Back with Sweep, Behind, Side, Cross Rock, Recover, Side, Step Forward, 1/2 turn pivot R

- 1-2& Step forward on RF and sweep LF from back to front, Cross LF over RF, Step RF to R side
- 3-4& Step back on LF and sweep RF from front to back, Cross RF behind LF, Step LF to L side
- 5-6& Cross rock RF over LF, Recover onto LF, Step RF to R side
- 7-8 Step LF forward to R diagonal (1:30), Make a 1/2 turn R (7:30)

Step with Sweep, Small Run with Sweep, Small Run with Hitch, Step Back with Sweep, Step Back with Sweep, Rock Back, Recover.

- 1-2& Step forward on LF and sweep RF from back to front (turning slightly to face 4:30), Step forward on RF, Close LF next to RF,

(Note: Counts 2& should be danced traveling towards 4:30)

- 3-4& Step forward on RF and sweep LF from back to front (turning slightly to face 7:30), Step forward on LF, Close RF next to LF

(Note: Counts 4& should be danced traveling toward 7:30)

- 5-6 Step forward on LF (7:30) and hitch R knee, Step back on RF and sweep LF from front to back. (squaring up to face 6:00)

- 7-8& Step back on LF and sweep RF from front to back, Rock back on RF, Recover onto LF

(Restart here on wall 6 facing 12:00)

Nightclub Basic to R, Nightclub basic to L, Step Forward, Pivot 1/2 L, Step Forward Pivot 1/2 L, 1/4 turn L, Behind, Side

- 1-2& Step RF to R side, Rock back slightly on LF, Recover onto RF
- 3-4& Step LF to L side, Rock back slightly on RF, Recover onto LF
- 5&6& Step forward on RF, Make a 1/2 turn L, Step forward on RF, Make a 1/2 turn L
- 7-8& Make a 1/4 turn L and step RF to R side (3:00), Cross, LF behind RF, Step RF to R side

Spiral 3/4 turn R, Rock Back, Recover, Cross Samba, Step, 1/2 turn L, Rock Back, Recover

- 1-2 Cross LF over RF and start to unwind making a 3/4 turn R, Finish unwind and Rock back on RF (12:00)
- 3-4& Recover onto LF, Cross RF slightly over LF, Rock LF to L side,
- 5-6 Recover onto RF, Step forward on LF
- 7-8 Make a 1/2 turn L on LF and Rock back on RF (6:00), Recover onto LF

TAG (After wall 1 facing 6:00 and wall 3 facing 12:00)

- 1&2 Step out with RF, Step out with LF, Push R hand forward with palm forward
- 3&4 Touch R hand to L shoulder, pull R hand across shoulders toward R and touch LF behind RF, Make a 1/2 turn L pushing R hand forward with palm forward
- 5 Close R hand into a fist
- 6-7-8 Slowly lower R hand (make sure weight ends on LF)