

Slide On!

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Jeanne Chamas (USA) & Kristine Otero (USA) - November 2020
音樂: Slide - The Cadillac Three



***2 easy tags with an immediate restart after 16 counts. Walls 1 and 4**
TAG: V step (step R to R, step L to L, bring R to center, bring L to center)

STEP, SLIDE, HEEL SWITCHES

1,2 Take a big step to R, sliding L to R, step on your L (weight on L)
3&4& R heel forward, R to center, L heel forward, L to center
5&6& R Heel, R Hook, R Heel, R to Center
7&8& L heel forward, L center, R heel forward, R to center (weight on R)

STEP, SLIDE, HIP BUMPS, SWAYS

1,2 Take a big step to L, sliding R to L (R touching L) (weight on L)
3&4 2 hip bumps to R (R,L,R) (weight on R)
5&6 2 hip bumps to L (L,R,L) (weight on L)
7,8 Sway hip to R, sway hip to L (weight on L) *(if you prefer, you can replace sways with a hip roll)

***Both Tags with immediate Restarts**

Wall 1 (you will be facing 12:00)

Wall 4 (you will be facing 6:00)

ROCK, RECOVER, TRIPLE 1/2 TURN, ROCK, RECOVER, 3/4 TRIPLE TURN LEFT

1,2 3&4 Rock forward on R, recover on L, make 1/2 shuffle R (R,L,R) (6:00)
5,6 7&8 Rock forward on L, recover on R, make a 3/4 shuffle L (L,R,L) (9:00)

SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS

1,2 3&4 Rock R to R, recover on L, step R behind L, step L to L, cross R over L
5,6 7&8 Rock L to L, recover on R, step L behind R, step R to R, cross L over R

Have fun, feel the music and make it your own, especially in section 2.
(Hip bumps, hip rolls or applejacks would be awesome as well)

Thisgirlloveslinedancing@yahoo.com