

# Lasting Lover

拍數: 64      牆數: 2      級數: Improver  
編舞者: Esmeralda van de Pol (NL) - November 2020  
音樂: Lasting Lover - Sigala & James Arthur



Intro: 16 counts

## SIDE, BEHIND, BALL CROSS, SIDE, BEHIND, SIDE, CROSS SHUFFLE

1-2&      Step RF to R side, Step LF behind RF, Step RF next to LF  
3-4      Cross LF over RF, Step RF to R side  
5-6      Step LF behind RF, Step RF to R side  
7&8      Cross LF over RF, Step RF to R side, Cross LF over RF

## SIDE, SAILOR HEEL BALL CROSS, SIDE, BEHIND, CHASE 1/4 TURN L

1-2&      Step RF to R side, Step LF behind RF, Step LF next to RF  
3&4      Tap L heel fwd, Step LF next to RF, Cross RF over LF  
5-6      Step LF to L side, Step RF behind LF  
7&8      Step LF to L side, Step RF next to LF, 1/4 turn L-step LF fwd 09.00

## FWD ROCK, COASTER STEP, SYNCOPATED ROCKSTEPS FWD

1-2      Rock RF fwd, Recover weight on LF  
3&4      Step RF back, Step LF next to RF, Step RF fwd  
5-6      Rock LF fwd, Recover weight on RF  
&7-8      Step LF next to RF, Rock RF fwd, Recover weight on LF

## WALK BACK, COASTER CROSS, SIDE ROCK, BEHIND, SIDE, 1/4 TURN R

1-2      Step RF back, Step LF back  
3&4      Step RF back, Step LF next to RF, Cross RF over LF  
5-6      Rock LF to L side, Recover weight on RF  
7&8      Step LF behind RF, Step RF to R side, 1/4 turn R-step LF fwd\*\*restart wall 2 12.00

## WALK FWD, SHUFFLE FWD, PIVOT 1/4 TURN R X2

1-2      Step RF fwd, Step LF fwd  
3&4      Step RF fwd, Step LF next to RF, Step RF fwd  
5-6      Step LF fwd, 1/4 turn R-weight on RF 03.00  
7-8      Step LF fwd, 1/4 turn R-weight on RF\*\*restart tag wall 4 06.00

## CROSS ROCK, CHASE LEFT, CROSS ROCK, CHASE RIGHT

1-2      Rock LF across RF, Recover weight on RF  
3&4      Step LF to L side, Step RF next to LF, Step LF to L side  
5-6      Rock RF across LF, Recover weight on LF  
7&8      Step RF to R side, Step LF next to RF, Step RF to R side

## CROSS POINT, SHUFFLE FWD, FWD ROCK, COASTER STEP

1-2      Cross LF over RF, Point RF to R side  
3&4      Step RF fwd, Step LF next to RF, Step RF fwd  
5-6      Rock LF fwd, Recover weight on RF  
7&8      Step LF back, Step RF next to LF, Step LF fwd

## PIVOT 1/2 TURN L, SHUFFLE FWD, PIVOT 1/2 TURN R, SHUFFLE FWD

1-2      Step RF fwd, 1/2 turn L- weight on LF 12.00  
3&4      Step RF fwd, Step LF next to RF, Step RF fwd

5-6 Step LF fwd, 1/2 turn R-weight on RF 06.00  
7&8 Step LF fwd, Step RF next to LF, Step LF fwd

**Restart wall 2 after 32 counts , wall 4 after 40 counts**

**NOTE, after wall 4, dance up till count 40 and do the 4 count Tag:  
FWD ROCK, COASTER CROSS**

1-2 Rock LF fwd, Recover weight on RF  
3&4 Step LF back, Step RF next to LF, Cross LF over RF

**Dance With Esmeralda**

**Esmeralda v.d. Pol / [www.esmeralda-dancers.com](http://www.esmeralda-dancers.com) / [esmeraldadancers@gmail.com](mailto:esmeraldadancers@gmail.com)**

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