

Yi Qiang Shao Nian Remix (一腔少年)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Heru Tian (INA) - November 2020
音樂: Yi Qiang Shao Nian (一腔少年) (DJ沈念版) - Hai Lai A Mu (海来阿木)



****4 TAGS, 2 RESTARTS

***RESTART ON WALL 2 & 3 AFTER 24C

***TAG 1 (8C) AFTER WALL 5, TAG 2 (4C) AFTER WALL 6, TAG 3 (16C) AFTER WALL 8, & TAG 4 (4C) AFTER WALL 9

(01-08) SECTION 1: DIAGONALLY FWD SHUFFLE (X2) - HEEL TOUCH & BACK (X3)- HEEL TOUCH

1&2 fwd to R diagonal (rf), together (lf), fwd to R diagonal (rf)
3&4 fwd to L diagonal (lf), together (rf), fwd to L diagonal (lf)
5&6&7&8 heel touch (rf), step back (rf), heel touch (lf), step back (lf), heel touch (rf), step back (rf), heel touch (lf)

(09-16) SECTION 2 : SIDE PRESS LEG- TOGETHER- MAMBO CROSS-3/4 VOLTA TURN L- FWD

1-2 press to side (lf), close together (lf)
3&4 side (rf), recover (lf), cross (rf)
5&6&7&8 ¼ turn L fwd (lf), together (rf), ¼ turn L fwd (lf), together (rf), ¼ turn L fwd (lf), together (rf), step fwd (lf)

(17-24) SECTION 3: DIAGONAL TOUCH- BUMP (X3)- CROSS SHUFFLE (R&L)

1&2 touch (rf) to R diagonal push hip to R, push hip to L, push hip to R
3&4 cross (rf), together (lf), cross (rf)
5&6 touch (lf) to L diagonal push hip to L, push hip to R, push hip to L
7&8 cross (lf), together (rf), cross (lf)

***RESTART ON WALL 2 & 3 AFTER 24C

(25-32) SECTION 4: SIDE & POINT (X2) - CIRCULAR WALK TURN

1-4 step side (rf), side point (lf), side (lf), side point (rf)
5-8 walk (rf, lf, rf, lf) make a full turn to R

***TAG 1 (8C) AFTER WALL 5, TAG 2 (4C) AFTER WALL 6, TAG 3 (16C) AFTER WALL 8, & TAG 4 (4C) AFTER WALL 9

FULL TAG : 16C

SECTION 1: CHARLESTON STEP- V STEP

1-4 touch fwd (rf), step back (rf), touch behind (lf), step fwd (lf)
5-8 step fwd out (rf), step out (lf), step back in (rf), together (lf)

SECTION 2: GRAPEVINES- TOUCH (R&L)

1-4 step side (rf), behind (lf), side (rf), touch together (lf)
5-8 step side (lf), behind (rf), side (lf), touch together (rf)