

Dizzy

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Judith Grubner (USA) - November 2020
音樂: You Got Me Dizzy - Steve Miller Band



With: Gratitude to Billie Jean Darling
Intro: 8 counts, begins with vocal.

Restart: On wall 3 after 3rd time through Section 6 (count 48, 6:00) - after instrumental ends
Repeat: Sections 7 and 8 are repeated twice more after 4th time through (count 64, 3:00)

Section 1: SHUFFLE FWD, PIVOT ½ TURN R, SHUFFLE FWD, PIVOT ½ TURN L

1&2-3-4 Step R forward, step L next to R, step R forward, step-close L forward, ½ turn right, transfer weight to R
5&6-7-8 Step L forward, step R next to L, step L forward, step-close R forward, ½ turn left, transfer weight to L

Section 2: R LINDY STEP, L LINDY STEP

1&2-3-4 Step R to right, step-close L beside R, step R to right, step L back, recover weight forward onto R
5&6-7-8 Step L to left, step-close R beside L, step L to left, step R back, recover weight forward onto L

Section 3: EXTENDED VINE R, SWAY R, SWAY L, CROSS SHUFFLE L

1-2-3-4 Step R, cross L behind R, step R to right side, cross L over R
5-6-7&8 Sway R, sway L, cross shuffle left by crossing R over L, step on L, cross R over L

Section 4: EXTENDED VINE L, SWAY L, SWAY R, CROSS SHUFFLE R

1-2-3-4 Step L, cross R behind L, step L to left side, cross R over L
5-6-7&8 Sway L, sway R, cross shuffle right by crossing L over R, step on R, cross L over R

Section 5: TOE STRUTS FWD

1-2-3-4-5-6-7-8 Touch R toe forward, drop heel, touch L toe forward drop heel, touch R toe forward, drop heel, touch L toe forward, drop heel

Section 6: WALKING FULL TURN L, WALK BACK

1-2-3-4 Walk R-L-R-L in full circle to left
5-6-7-8 Walk back R-L-R-L

Restart: After third time through count 48 - following instrumental (facing wall 3, 6:00)

Section 7: ROCKING CHAIR, STEP TOUCHES

1-2-3-4 Step R forward, step L in place, step R back, step L in place
5-6-7-8 Step R to right, touch L to R, step L to left, touch R to L

Section 8: V STEP, KICK BALL CHANGE, PIVOT ¼ TURN L

1-2-3-4 R forward to right side, L forward to left side, R back to middle, L back to middle
5&6-7-8 Kick R forward, step R in place on ball of foot, step L in place, step R forward ¼ turn left, transfer weight to L

Repeat: Last (4th) time through count 64 (facing wall 4, 3:00) Sections 7 & 8 are done an extra 2 times as a chorus.

Final time after kick ball change, stomp R, no pivot turn (music ends facing wall 5, 12:00)