

# Out of My Heart

COPPERKNOB  
BY STEPSHEETS

拍數: 72      牆數: 1      級數: Phrased Intermediate Country  
編舞者: Christiane FAVILLIER (FR) - 11 November 2020  
音樂: Out of My Heart - Jerrod Niemann : (Album: This Ride)



Musical intro: count 32 beats

Course of the dance: A + 4 sways - B + 4 sways - A + 4 sways - (B) A + 4 sways - (B) A (32 times) included  
ENDING

## PART "A" (48 beats)

### [1 to 8]: OUT-OUT / IN-IN (WITH HELL), KICK BALL CHANGE X2,

1 2 3 4      Place R heel in front, then L heel, bring R heel to the center, and L heel to the center  
5 & 6      Right front kick, bring the sole of the right next to the left, step left next to the right  
7 & 8      Right front kick, bring sole of right next to left, step left next to right

### [9 to 16]: ROCK SIDE, SAILOR STEP X2, STEP TURN

1 2      Step right to right (with weight) and recover on left  
3 & 4      Cross right behind left, step left to left, step right to right  
5 & 6      Cross left behind right, step right to right, step left to left  
7 8      Walk right forward and turn 1/2 turn left (6h)

### [17 to 24]: STEP LOCK, TRIPLE STEP DIAGO (X2),

1 2      Walk right forward, block left behind right  
3 & 4      Step right forward, step left behind right, step right forward (this is done diagonally forward right)  
5 6      Step left, block right behind left  
7 & 8      Step left, block right behind left, step left (This is done diagonally before left)

### [25 to 32]: ROCK STEP, BACK STEPS & POINT (X2), R COASTER STEP, L ROCK FWD & CLOSED

1 2      Step RF forward (with weight) and recover on left  
& 3 & 4      Steer right back, point left next to left, step back left, point right next to left \*\*  
5 & 6      Step back right, step left close to right, step right forward\*\*

**\*\*ENDING HERE : change the steps of 7 & by: Step left, pivot 1/2 turn to the right (12H) cross tip of left in front of right cross arms in front.**

### [33 to 40] - STEP FORWARD & 1/4 TURN L, CROSS SHUFFLE, ROCK STEP DIAGO, BEHIND SIDE CROSS

1 2      Walk right forward and pivot 1/4 turn to left (3H)  
3 & 4      Right cross over left, step left to left, cross right over left  
5 6      Step left forward (with RF diagonally forward left) and recover on RF  
7 & 8      Cross left behind right, step right to right, cross left over right

### [41 to 48]: ROCK STEP DIAGO, COASTER STEP WITH 1/4 TURN, L STEP FORWARD & HALF TURN, L STEP FORWARD, L TRIPLE STEP FORWARD

1 2      Step RF forward (with RF diagonally forward right) and recover on left  
3 & 4      Step back right, step back left, pivot 1/4 turn to right (6H), step right forward  
5 6      Walk forward, pivot 1/2 turn to right (12H)  
7 & 8      Step left, step right behind right, step left

## PART "B" (24 beats)

### [1 to 8]: DRAG, BACK STEP CROSS R, DRAG, BACK STEP CROSS L, WALKS X4

1 2 &      Long step to the right, step left behind, cross right over left

34 & Long step left, step right back, cross left over right  
5678 Walk slowly making a  $\frac{3}{4}$  turn to the right (9H) (Arm behind your back)

**[9 to 16]: DRAG, BACK STEP CROSS R, DRAG, BACK STEP CROSS L, WALKS X4**

12 & Long step to the right, step left behind, cross right over left  
34 & Long step left, step right back, cross left over right  
5678 Walk slowly making a  $\frac{3}{4}$  turn to the right (6H) (Arm behind your back)

**[17 to 24]: DRAG, BACK STEP CROSS R, DRAG, BACK STEP CROSS L, WALKS X4**

12 & Long step to the right, step left behind, cross right over left  
34 & Long step left, step right back, cross left over right  
5678 Walk slowly, making a  $\frac{1}{2}$  turn to the right (12H) (Arm behind your back)

**END OF PARTS A or B: TAG: sway R, L, R, L (End of walls 1, 2, 3, 5)**

**SMILE FOR ME & ENJOY !!!**

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