

Nobody Samba

拍數: 32 牆數: 2 級數: Advanced
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音樂: Nobody - Dukus



S1 : cross step

1&2& step L cross fw ,step R side, step L heel point, step L together
3&4& step R cross fw, step L side, step R heel point, step R together
5-6 step L cross fw, step R side
7&8 step L cross back 1/8 turn left, step R together, step L fw

S2: syncope

1&2&3&4& step R fw, step L on place, step R bw, step L on place (2 times)
5&6 step R fw, step L side 1/8 turn right, step R on place
7-8 step L fw, step R 1/2 turn right

S3: step front and turn ½ left _____

1-2-3-4 walk front L R L R (scissor)
5-6-7-8 step L point turn 1/16 (4 times)

S4: 2x Paulista front and 2 back

1&2 step L fw, step R side, step L on place
3&4 step R fw, step L side, step R on place
5&6 step L bw, step R side, step L on place
7&8 step R bw, step L side, step R on place

S5: sides step

1&2 step L side, step R on place, step L together
3&4 step R side, step L on place, step R together
5 to 8 REPEAT 1 to 4 more bigger step side

S6: samba backward steps

1&2 step L on place, step R bw, step L on place
3&4 step R together, step L bw, step R on place
&5-6 step L fw, step R together, hips turn clockwise
7-8 hips turn counterclockwise

S7: syncope front hips clockwise

1&2&3&4& step L fw, step R on place, step L bw, step R on place, (2 times)
5-6-7-8 step L fw, step R together, turn hips clockwise

S8: sexy turn ½ right samba move step

1-2-3-4 step L fw ¼ turn right hips clockwise (2times)
5&6& step L cross fw, step R side, step L cross bw, hop R knee
7&8 step R cross bw, step L side, step R together