

# Keep on Keepin' On

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Ruth Ann Strickland (USA) - November 2020  
音樂: I've Got to Use My Imagination - Gladys Knight & The Pips : (3:20)  
或: Sweet Temptation - Craig Wayne Boyd : (2:41)  
或: Anyone Can Play (Rock Version) - Glen Campbell : (2:36)  
或: California Dreamin' - Giorgi Didize : (2:35)



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## Intro 32 counts

### Alt. Music:

Craig Wayne Boyd - Sweet Temptation (2:41)  
Glenn Campbell - Anyone Can Play (Rock Version) (2:36)  
Giorgi Didize - California Dreamin' (2:35)

### Section 1: (STEP RIGHT CLOSE LEFT, TWO HEEL BOUNCES, TWIST LEFT, RIGHT, LEFT, RIGHT)

1-2            Step Right foot to right side, step Left foot beside Right  
3-4            Raise and lower both heels twice  
5-8            Twist by moving both heels out to the sides LRLR

### Section 2: (STEP LEFT CLOSE RIGHT, TWO HEEL BOUNCES, TWIST RIGHT, LEFT, RIGHT LEFT)

1-2            Step Left foot to left side, step Right foot beside Left  
3-4            Raise and lower both heels twice  
5-8            Twist by moving both heels out to the sides RLRL

### Section 3: (DIAGONAL STEP TOUCH, ¼ TURN LEFT STEP TOUCH, TWO HIP BUMPS RIGHT, TWO HIP BUMPS LEFT)

1-2            Step Right foot forward at a 45 degree angle, touch left beside right  
3-4            Turn ¼ Left, step on Left foot, touch right beside left  
5-8            Stepping to R side (with weight on R foot, bump hips twice to the right, swaying to the L side (with weight on L foot), bump hips twice to the left

### Section 4: (TWO TOE STRUTS, ROCKING CHAIR)

1-2            Touch Right toe forward, drop right heel as you put weight onto right foot  
3-4            Touch Left toe forward, drop left heel as you put weight onto left foot  
5-6            Rock Right foot forward, recover weight on Left  
7-8            Rock Right foot backward, recover weight on Left

No Tag or Restart

I hope you enjoy!

Contact: [strckindra@gmail.com](mailto:strckindra@gmail.com)

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