Dancing Queen



拍數: 40 牆數: 4 級數: Beginner

編舞者: Betty Dance (HK) - November 2020

音樂: Dancing Queen - ABBA



Intro: 32 (4x8) counts

Section 1 - BOUNCING (WITH HAND STYLING)

1-2-3-4	Bouncing on both feet with weight on L (L hand point with index finger from R to L)
5-6-7-8	Bouncing on both feet with weight on R (R hand point with index finger from L to R)

Section 2 - (STEP, POINT, STEP, POINT) x2 (WITH HAND STYLING)

1-2-3-4	Step side L, point R next to L, step side R, point L next to R (with hand styling, L hand point
	to upper L & lower, twice)

5-6-7-8 Step side L, point R next to L, step side R, point L next to R (with hand styling, L & R hand in V sign horizontally with index & middle fingers moving in front of the eyes)

Section 3 - (FORWARD, KICK, BACK, POINT) x2

1-2-3-4	Step forward L, kick forward R, step back R, back point L (with both hands rolling)
5-6-7-8	Step forward L, kick forward R, step back R, back point L (with both hands rolling)

Section 4 - HEEL, STEP, HEEL, STEP, CROSS, BACK WITH 1/4 L TURN (9:00), SIDE, TOGETHER

4004	Tambanah kalah Lakan kalah L. f.		Land. Discust to 1
1-2-3-4	Forward heel L, step back L, fe	Orward neel R sten	nack R next to I
1 2 0 7	I DI Wala licci E, Stop back E, i	orward neer ry, step	Dack it lickt to L

5-6-7-8 Step forward L, step back R with ¼ L turn (9:00), step side L, step R next to L

Section 5 - (CROSS, CROSS, BACK, BACK)x2

1-2-3-4	Cross L over R, cross R over L, step back L to L side, step back R to R side
5-6-7-8	Cross L over R, cross R over L, step back L to L side, step back R to R side

*2nd wall starts at 9:00

Dancing Sequence:

A-B-A-B-C-A-B-A-B-B

A (Section 1-5)

B (Section 1-4)

C (Section 1-5 + Section 5)

Please watch my dance demo cum tutorial video for hand styling and practice!

Let's be happy & dance in the sun!

Enjoy dancing with Betty (Associate Degree and Licentiate Degree of Line Dancing, Qualified Teacher of Line Dancing (International Dance Teachers' Association, UK))

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