

A Man Hugs A Girl

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver Rumba
編舞者: mBah Wir (INA) - November 2020
音樂: Caruso (Rumba / 28 Bpm) - Bodane : (Album: Dancelife and Company Featuring Bodane)



Intro: 20 Count

S1: BACK ROCK, RECOVER, CROSS TOUCH, DROP HEEL, SIDE ROCK, RECOVER, BACK, HOLD

1-4 Rock R back, Recover on L, Cross touch R over L, Drop R heel

5-8 Rock L to side, recover on R, Step L back, Hold

S2: BACK ROCK, RECOVER, FORWARD, TURN ½ LEFT, BACK, BACK, BACK, SWEEP

1-4 Rock R back, Recover on L, Step R forward, Make ½ L turn

5-8 Step L back, Step R back, Step L back, Sweep R from front to back

S3: BEHIND CROSS, SIDE, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, CROSS ROCK, RECOVER

1-4 Cross R behind L, Step L to side, Cross rock R over L, Recover on L

5-8 Rock R to side, Recover on L, Cross rock R over L, Recover on L

* Restart here on wall 4

S4: SIDE, HOLD, ¼ LEFT JAZZ BOX, SIDE, TOUCH

1-4 Step R to side, Hold, Cross L over R, Make ¼ L turn step R back

5-8 Step L to side, Cross R over L, Step L to side while dragging R towards L, Touch R beside L

Enjoy the dance.

Restart during wall 4 after 24 count. You dance facing 3.00 o'clock

For further information about this dance please contact me at: gieprod@yahoo.com