

I Ain't For It Baby

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Yvonne Krause (USA) - November 2020
音樂: I Ain't for It - Dion



#16 Count Intro - No Tags, No Restarts

[1-8] CHARLESTON x2

1-4 Step forward on right, kick forward on left, step back on left, touch right toe to back.
5-8 Step forward on right, kick forward on left, step back on left, touch right toe to back.

[9-16] ROCK RECOVER, SHUFFLE 1/4, SHUFFLE 1/4, COASTER STEP

1-2 Rock forward on right, recover onto left.
3&4 Shuffle forward as you start your ¼ turn right by stepping right, left, right. (3:00)
5&6 Continue to shuffle to your right another ¼ turn by stepping left, right, left. (6:00)
7&8 Step back on right, step left next to right, step forward on right.

[17-24] SIDE ROCK, CROSSING SHUFFLE, 1/4 TURN MONTEREY

1-2 Rock left to left side, recover onto right.
3&4 Cross left over right, step right to right side, cross left over right.
5-6 Touch right toe to right side, pivot ¼ on ball of left foot and step right next to left. (9:00)
7-8 Point left toe to left side, step left next to right.

[25-32] ROCK RECOVER, SHUFFLE BACK, ROCK RECOVER, SHUFFLE FORWARD

1-2 Rock forward on right, recover onto left.
3&4 Shuffle back by stepping right, left, right.
5-6 Rock back on left, recover onto right.
7&8 Shuffle forward by stepping left, right, left.

May You Always Dance Like No One Is Watching

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