I Like Your Soul



拍數: 32 牆數: 4 級數: Beginner

編舞者: Jill Weiss (USA) - November 2020

音樂: Soul - Lee Brice



#16 Count Introduction - 1 easy tag/restart

ROCKING CHAIR, BUMPING TOE STRUTS

1-2-3-4 Rock forward right, replace weight back to left, rock back on right, replace back to left

Touch R toe forward bumping hip to right, move hip back to center, step R heel down with

weight

7&8 Touch L toe forward bumping hip to left, move hip back to center, step L heel down with

weight

(Easier option - toe struts without bump - stepping forward toe/heel R, then toe/heel L)

TURNING ROCKING CHAIR, SHUFFLE RIGHT, ROCK BACK, REPLACE (LINDY RIGHT)

1-2 Rock forward on right, replace weight back to left

3-4 Turn ½ to right while rocking back on right (3:00), replace weight forward to left

5&6 Step right to right, step left next to right, step right to right 7-8 Rock back on left replace weight forward to right (3:00)

SIDE, BEHIND, SIDE ROCK, BEHIND, SIDE, CROSSING SHUFFLE

1-2 Step left to left side, step right behind left,
3-4 Rock left to left side, replace weight to right
5-6 Step left behind right, step right to right

7&8 (Crossing shuffle) Step left in front of right, step right to right, step left in front of right (3:00)

STEP TOUCH 2 X, STEP OUT, HOLD, HIP ROLL

Step right to right, touch left next to right (snap or clap on touch)
Step left to left, touch right next to left (snap or clap on touch)

5-6 Step right to right, hold

7-8 Roll hip clockwise full circle so that weight ends on left (option for full body roll, two hip

bumps, or just hold!)

TAG/RESTART ON WALL 4 - START FACING 9:00, RESTART AT 12:00

Dance first 8 counts

Second set of 8 as follows:

TURNING ROCKING CHAIR, STEP OUT, HOLD, HIP ROLL

1-2 Rock forward on right, replace weight back to left

3-4 Turn ¼ to right while rocking back on right (12:00), replace weight forward to left

5-6 Step right to right, hold

7-8 Roll hip clockwise full circle so that weight ends on left (option for full body roll, two hip

bumps, or just hold!)

(SAME AS LAST 4 COUNTS OF DANCE!)

OPTIONAL ENDING: Dance ends after the turning rocking chair at 9:00, you can step right ¼ turn further to 12:00 to end on the front.

HAVE FUN!!

Contact: Jill Weiss - Email: jill@freespindance.com - www.jkshuffles.com

All rights reserved. This stepsheet may be shared and reproduced, but no changes may be made without permission from the choreographer.

