

# My Way

COPPER KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Advanced  
編舞者: Hiroko Carlsson (AUS) - November 2020  
音樂: My Way - Jeremy Greene : (iTunes / Spotify)



(Dance starts on lyrics "Pretty" / 8 count intro)

**[S1] Back-Spiral 1/2L into Semi Circle Run w/ Sweep, Cross-Side-Behind w/ Sweep-Behind-1/4R, Step-Pivot 1/2R**

1                    Step back on R making a ½ spiral turn left (6:00)  
2&3                Making a semicircle shape run around ½ turn left stepping L-R-L sweeping R out and forward (12:00)  
4&5                Cross R over L, Step L to the side, Step R behind L sweeping L out and back  
6&                 Step L behind R, Make a ¼ turn right stepping forward on R (3:00)  
7 8                 Step forward on L, Make a ½ turn right recover weight on R\*\* (9:00)

**[S2] Fwd Rock, 1/4L Side Rock, Full Turn R, Side Rock-Recover 1/4L-1/4L, Back, Point**

1 2                 Rock forward on L, Recover weight on R  
3 4&                Make a ¼ turn left stepping (rock) L to the side (6:00), Make a ¼ turn right recover weigh on R, Make a ½ turn right stepping back on L  
5 6&                Make a ¼ turn right stepping (rock) R to the side (6:00), Make a ¼ turn left recover weigh on L, Make a ½ turn left stepping back on R (9:00)  
7 8                 Step back on L, Point R to the side\*\*\*

**[S3] Fwd Rock, Back-1/2L-Fwd w/ Hitch, Push Back-1/2R-Fwd, Step-Pivot 1/2L-&**

1 2                 Rock forward on R, Recover weight on L  
3&4                Step back on R, Make a ½ turn left stepping forward on L, Step forward on R hitching L knee forward (3:00)  
5&6                Step/push back on L, Make a ½ turn right stepping forward on R, Step forward on L (9:00)  
7 8&                Step forward on R, Make a ½ turn left recover weight on L, Step forward on R (3:00)

**[S4] Step-Pivot 1/4R, Cross-1/4L-1/2L, Side Rock-&, Side, Drag Touch**

1 2                 Step forward on L, Make a ¼ turn right recover weight on R (6:00)  
3&4                Cross L over R, Make a ¼ turn left stepping back on R, Make a ½ turn left stepping forward on L (9:00)  
5 6&                Rock R to the side, Recover weight on L, Step R together  
7 8                 Step L to the side, Drag L close to R/touch L next to R

**#1st Restart on Wall 3 count 8\*\* (3:00) with step change**

**S8 count 7 8 - Step forward on L (7), Make a ½ turn right dragging R close to L (weight ends on L) (8)**

**#2nd Restart on Wall 4 count 16\*\*\* (12:00)**

**Tag: the end of Wall 6 (6:00) - Hold for 2 counts**

The dance finishes at the front.

Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 11/Nov/20)