

Shake It (All Night)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Thomas Haynes (USA) - November 2020
音樂: Girls Love to Shake It - Love and Theft



Intro - Begin on lyrics

LOCK STEPS FORWARD, WITH SHUFFLES

1-2 Step right diagonally forward, lock left behind
3&4 Chassé forward right-left-right
5-6 Step left diagonally forward, lock right behind
7&8 Chassé forward left-right-left

RIGHT VINE WITH TRIPLE, CROSS ROCK, TURN 1/4 LEFT SHUFFLE FORWARD

1-2 Step right side, cross left behind
3&4 Triple in place right-left-right
5-6 Cross/rock left over, recover to right
7&8 Turn 1/4 left and Chassé forward left-right-left

TURN 1/2 LEFT, 1/2 TURN SHUFFLE BACK, ROCK STEP, SHUFFLE FORWARD

1-2 Step right forward, turn 1/2 left (weight to left)
3&4 Chassé forward right-left-right turning 1/2 left
5-6 Rock left back, recover to right
7&8 Chassé forward left-right-left

SHAKE IT

1-4 Step right forward, hold (shake hips, or shoulders or both!)
5-8 Step left forward, hold (shake hips, or shoulder or both!)

REPEAT
