

Rhythm is a dancer 2020

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Improver
編舞者: Suzi Beau (ENG) - November 2020
音樂: Rhythm Is a Dancer - Snap!



Music Availability: Available on iTunes, Google Play and Amazon.

Sequence: Repeating
End: Finish at the front

SECTION 1 : OUT OUT BACK COASTER STEP , PIVOT ¼ CROSS SHUFFLE

1 - 2 Step forward on Right to Right Diagonal, Step Forward on Left to Left Diagonal
3 Step back on Right
4&5 Step back on Left, Close Right next to left. Step forward on Left
6-7 Step forward on Right , Pivot ¼ Left (9:00)
8&1 Cross Right over Left, Step Left to Left Side, Cross Right over Left

SECTION 2: SIDE ROCK BEHIND & FORWARD, FORWARD ROCK TRIPLE 3/4

2- 3 Rock Left to Left Side, Recover on Right
4&5 Step Left behind Right, Step Right to Right Side, Step forward on Left
6-7 Rock forward on Right, Recover on Left
8&1 Shuffle ¾ Right stepping Right, Left, Right (6:00)

SECTION 3: WEAVE, OUT OUT HOLD BALL SIDE

2-3 Cross Left over Right, Step Right to Right Side
4-5 Step Left behind Right, Step Right to Right Side
6 Step left out to Left Side
7&8 Hold, Close Right to Left, Step Left to Left Side

SECTION 4: POINT POINT SAILOR, POINT POINT SAILOR ¼ CROSS

1 -2 Point Right Forward, Point Right to Right Side
3 &4 Step Right behind Left, Step Left to Left Side, Step Right in place
5-6 Point Left forward, Point Left to Left Side
7&8 Turn ¼ Left Stepping Left back, Step Right to Right Side, Cross Left over Right

SECTION 5 : MODIFIED FIGURE 8

1-2 Step Right to Right Side, Hold
3-4 Step Left behind Right, Turn ¼ Right Stepping forward Right
5-6 Step forward on Left, Turn ½ Right taking weight on Right
7-8 Turn ¼ Right Stepping Left to Left Side, Step Right behind Left

SECTION 6: ¼ HOLD, PIVOT ½ WALK WALK KICK BALL CHANGE

1-2 Turn ¼ Left, stepping forward Left, Hold
3-4 Step forward on Right Pivot ½ Left taking weight on Left
5-6 Walk forward Right Left
7&8 Kick right forward, Step onto ball on Right, Step forward on Left

SECTION 7: FORWARD ROCK BACK LOCK STEP, BACK ROCK SHUFFLE

1-2 Rock Forward on Right, Recover on Left
3&4 Step back on Right, Cross left Over Right, Step back on Right
5-6 Rock back on Left, recover on Right
7&8 Step left forward, close right to left, step left forward

SECTION 8: FORWARD ROCK FULL TURN BACK, BACK ROCK POP POP

- 1-2 Step forward on Right, Recover on Left
- 3-4 Turn ½ Right stepping forward on Right, Turn ½ Right Stepping back Left
- 5-6 Rock back on Right, Recover on Left
- 7-8 Step forward on Right, popping Left knee, Step forward on Left popping Right knee

NO TAGS OR RESTARTS
