

Do What You Can

拍數: 32 牆數: 4 級數: Novice +
編舞者: Serge Fournier (FR) - November 2020
音樂: Do What You Can - Bon Jovi & Jennifer Nettles



introduction: 32 count - start at the end of the word "tonight"

RUMBA BOX - BACK LOCK STEP - COASTER STEP

- 1 & 2 step RF right side, assemble left next to right, step right forward
- 3 & 4 step left to left side, assemble right next to left, step left back
- 5 & 6 step right back, lock left in front of PS, step back right
- 7 & 8 step left back, assemble right next to left and step left forward

RESTART HERE: at the 2nd wall (9h00) at the 5th wall (3h00)

TAG -RESTART: at the 10th wall (3h00)

ROCK STEP FORWARD & ½ TURN RIGHT - TRIPLE ½ TURN RIGHT - MAMBO FORWARD -MAMBO BACK

- 1 & 2 rock step right forward, recover support on left backward 1/2 turn right and step right forward (6:00)
- 3 & 4 ½ turn right step left back, 1/2 turn right step right forward and step left forward
- 5 & 6 rock step right forward, recover on back left left, step backward right
- 7 & 8 rock step left back, recover on right forward, step left forward

SCISSORS STEPS RIGHT & LEFT - TURNING VINE - JAZZ BOX

- 1 & 2 step RF right side, assemble left next to right and cross right in front of left
- 3 & 4 step left to left side, assemble right next to left and cross left in front of right
- 5 & 6 step RF right side, cross left behind right ... 1/4 turn left and step right forward (9h00)
- 7 & 8 cross left in front of right; step right back and step left left side

POINT RIGHT, TOGETHER, POINT LEFT, TOGETHER - HELL GRING ¼ TURN RIGHT - POINT RIGHT, TOGETHER, POINT LEFT, TOGETHER - HELL GRING ¼ TURN LEFT

- 1 & 2 & point RF to the right, assemble RF next to left, point left to left side, assemble left next to right
- 3 & 4 forward right heel (toe to left), crush heel (swivels right toe) & ¼ turn right, (left slightly above ground) and step right down (12h00)
- 5 & 6 & points left to left, assembles left next to right, points right to right side, assembles right next to left
- 7 & 8 LF heel forward (point to the right), crush the heel (swivels the toe to the left) & ¼ turn to the left, (RF slightly above the ground) and place the LF (9:00)

RESTART:

at the 2nd wall (9h00) after 8 beats

at the 5th wall (3h00) after 8 beats

TAG -RESTART: at the 10th wall (3h00) after 8 beats 4-beat tag: sway D, sway G, sway D, sway G.... AND RESTART

Final: at the 12th wall (3h00) after the first 4 times (rumba box) 1 & 2, 3 & 4

sailor ¼ turn R: cross right behind left & 1/4 turn right, step left to left and step right next to left (12h00): 5&6

mambo forward left: rock step left forward, recover on the back right and assemble left next to right: 7 & 8