

Let Me Move You

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 1 級數: Phrased Low Intermediate
編舞者: Melody Lee (TW) - November 2020
音樂: Let Me Move You - Sabrina Carpenter



Sequence: A Tag B B , A Tag B B ,A*

A S1: Walk A Circle ,Pimp Walks

1 2 3 4 Walk a CCW circle L-R-L-R
5 6 7 8 Step LF fwd n angled upperbody to the right , Cross RF over LF, Step LF fwd n angled upperbody to the right , Cross RF over LF

A S2: Bounce x4, Jazz Box,Kick ball Cross, Ball Cross

1&2& Facing 9h Bounce knees down and up x2
3&4& Facing 3h Bounce knees down and up x2
5 6 7 Step LF cross RF, Step RF back, Step LF side
8&1 Turn1/8L Kick RF fwd, Step RF side,Step LF cross (10:30h)

A S3: Hold, Ball Cross, Hold, Box Turn

2&3 4 Hold(add shoulders pop),Step RF side, Step LF cross, Hold(add Shoulders pop)
5 6 Turn1/8L Step RF side+Put hands on the chest (9h),Turn1/4L Step LF side(6h) 7 8 Turn1/4L Step RF side(3h), Turn 1/4L Step LF to left side(12h)

A S4: Bounce+hands rolling in the air, Body rollX2

1 2 3 4 Bounce x2 weight on RF,Bouncex2 weight on LF(Hands rolling in the air)
5 6 7 8 Roll the body up n down x2 *****3rd A :walk around CW R-L-R-L *****

Tag : Dig from right to Left,Pull Hands up, Big step L-R,Walk A Circle

1 2 3 4 Step weight to RF n Dig down ,move body to the center
5 6 7 8 Stand up slowly n Pull hands up
1 2 3 4 Big step to the left+ right hand pull to right, Big step to the right+left hand pull to the left
5 6 7 8 Walk a CCW circle L-R-L-R

B S1: Point & Point, Body roll, Step fwd+dragx2

1&2 3 4 Point LF to left,Step LF close to RF, Point RF back,Change weight to RF+body roll
5 6 7 8 Step LF fwd, Drag RF to LF, Step RF fwd, Drag LF to RF

B S2: Hitch & Hitch & Hitch,Hitch, Step Back+drag x2

1&2&3 4 Hitch LF,Step LF down, Hitch RF, Step RF down, Hitch LF x2
5 6 7 8 Step LF back ,Drag RF to LF, Step RF back, Drag LF to RF

B S3: Rolling Vine to the left, Rolling Vine to the right

1 2 3 4 Full Turn left L-R-L ,Clap
5 6 7 8 Full Turn right R-L-R ,Clap

B S4: Point,Point,Sailors x2

1 2 3&4 Point LF over RF , Point LF side, LF sailors step L-R-L
5 6 7&8 Point RF over LF , Point RF side, RF sailors step R-L-R