

# My Girl Josephine

拍數: 48      牆數: 4      級數: Low Intermediate  
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音樂: My Girl Josephine - Jump4Joy



**Start: Quick start (3 seconds) - Hello Jos-e - then Start on "phine"**

## Section 1: Walk, Walk, &Side Rock Cross, 1/8 Paddle Turn 2x with Hip Roll

1-2            RF step forward, LF step forward  
&3-4        RF step side (&), Recover on LF (3), RF cross over LF  
5-6        LF touch forward, 1/8 turn R and roll your hip (weight on RF) [1:30]  
7-8        LF touch forward, 1/8 turn R and roll your hip (weight on RF) [3:00]

## Section 2: Toe Strut 2x, 1/4 L Jazz Box with Cross

1-2            LF Touch forward, drop Heel  
3-4            RF Touch forward, drop Heel  
5-6            LF Cross over RF, 1/4 turn L step RF back [12:00]  
7-8            LF step side, RF cross over LF

## Section 3: Side-hold, Ball Side, Touch, Side-hold, Ball Side, Close

1-2            LF step side, hold  
&3-4        RF step close to LF, LF step side, RF Touch  
5-6            RF step side, hold  
&7-8        LF step close to RF, RF step side, LF close (weight on LF)

## Section 4: 1/4 R Heel grind, Back Rock, 1/4 R Heel grind, Back Rock

1-2            RF Heel touch forward, grind 1/4 right (weight on LF) [3:00]  
3-4            RF rock back, recover on LF  
5-6            RF Heel touch forward, grind 1/4 right (weight on LF) [6:00]  
7-8            RF rock back, recover on LF

## Section 5: Step fwd., Point, Step fwd., Point, 1/4 R Syncopated Jazz Box with Cross

1-2            RF step forward slightly crossed over LF, LF point side  
3-4            LF step forward slightly crossed over RF, RF point side  
5-6            RF Cross over LF, hold  
&7-8        1/4 R LF back (&), RF step side, LF cross over RF [9:00]

## Section 6: Syncopated Sailor Steps 2x diagonally fwd., Out, Hip Rolls

1-2            RF step diagonally forward, LF cross behind  
&3&4        RF step side (&), LF step diagonally forward (3), RF cross behind (&), LF step diagonally fwd. (4)  
&5-6        RF step diagonally forward (&), LF step side (5), Roll Left Hip out  
7-8            Hip-Roll counter clockwise