

Sleigh Ride

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Molly Yeoh (MY) & Penny Tan (MY) - November 2020
音樂: Sleigh Ride - Gwen Stefani



Intro: Start after lyric " Just hear those....."

*Restart : Wall 6, after 8&

SEC1: STEP/STOMP, SAILOR STEPS, CROSS ROCK, SIDE, DOROTHY STEPS (R-L)

1-2&3 Step or stomp RF to R, Cross LF behind RF, step RF beside LF, step /stomp LF to L

4&5 Cross RF behind LF step LF beside RF & step RF fwd to the diagonal

6&7 8& Step LF fwd to the diagonal,lock ,RF behind LF, step LF fwd

*Wall 6 restart after 8& (face 3.00)

SEC2: CHARLESTON STEPS ,1/4 R JAZZ BOX

1&2 Touch RF fwd , step LF on L with swinging RF from front to back(&), step RF back

3&4 Touch LF back , step RF on R with swinging LF from back to front (&),step LF fwd

5-8 Cross RF over LF, 1/4 turn R , step LF back , step RF to R , cross LF over RF (9:00)

SEC3: FORWARD SHUFFLE (GALLOPING STEPS), SWIVEL TO RIGHT AND LEFT

1 2 3&4 Press RF fwd, hitch up RF as LF hop back, RFstep fwd, hitch up RF as LF hop back, RF step down

5&6, 7&8 Swivel both legs LRL, to the L, swivel both legs RLR to to R

SEC4: STEP BACK TWICE, COASTER STEP, FORWARD PIVOT TURN, RUN FORWARD

1 2, 3&4 Step LF back, step RF back, step LF back, step RF beside LF, LF step fwd

5 6 7&8 Step RF fwd, pivot L turn, LF step on, run fwd RF, fwd LF, RF touch beside LF

Start again! Enjoy!

Optional count: Charleston steps 1 2 3 4

Contact: Molly Yeoh @ suanyeah@hotmail.com

Contact: Penny Tan @ pennytanml@hotmail.com