

Colors

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Phrased Intermediate
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音樂: Colors - Black Pumas



#32 Count Intro

Seq: A,A, A,B, A,B, A,B

Section 1A SIDE TOGETHER, MAMBO STEP, 1/2 TURN, 1/2 TURN, ANCHOR STEP

1 - 2 Step R to right side. Close L
3 & 4 Fwd rock R. Step L in place. Step back on R
5 - 6 1/2 turn left stepping fwd on L. 1/2 turn left stepping back on R
7 & 8 Step L behind R. Step R in place. Step L in place

Section 2A CROSS, SIDE ROCK CROSS, SIDE ROCK CROSS, 1/4 TURN BACK, SIDE, CROSS, 1/2 HINGE TURN

1 & 2 & Cross R over L. Side rock L to left side. Step R in place. Cross L over R
3 & 4 Side rock R to right side. Step L in place. Cross R over L
5 - 6 1/4 turn right stepping back on L. Step R to right side
7 & 8 Cross L over R. 1/4 turn left stepping back on R. 1/4 turn left stepping L to left side (9 o'clock)

Section 3A 1/8 TURN LEFT INTO FWD ROCK, 3 STEPS BACK, BACK ROCK, 3 BOOGIE WALKS

1 - 2 Making 1/8 turn (7.30) Fwd Rock R, Step L in place
3 & 4 Back R, L, R
5 - 6 Rock Back on L. Step in place R
7 & 8 Boogie walks L, R, L

Section 4A CROSS, 1/8 TURN BACK BACK, BEHIND, 3/8 TURN, STEP, STEP, FWD ROCK, SIDE ROCK TOUCH

1 & 2 Cross R over L. 1/2 turn R (10.30) stepping back L, R
3 & 4 Step back L, 3/8 turn (3 o'clock) stepping fwd R, L
5 - 6 Fwd rock R. Step L in place
7 & 8 Side rock R to right side. Step L in place. Tough R next to L

Section 1B V STEP, 1/2 MONTERAY, RIGHT & LEFT SWIVETS X 2

1 & 2 & R diag fwd. L diag fwd. R back. L back together
3 & 4 & Point R to right side. 1/2 turn right closing R to L. Point L to left. Close L to R
5 & 6 & Twist both toes to right (on R heel & L ball). Return to centre. Twist both toes to left (on L heel & R ball). Return to Centre
7 & 8 & Twist both toes to right (on R heel & L ball). Return to centre. Twist both toes to left (on L heel & R ball). Return to Centre

Section 2B STEP 1/2 PIVOT, MAMBO STEP, RIGHT & LEFT SWIVETS X 2

1 - 2 Step R fwd. 1/2 pivot left.
3 & 4 Rock fwd R. Step L in place. Close R to L
5 & 6 & Twist both toes to right (on R heel & L ball). Return to centre. Twist both toes to left (on L heel & R ball). Return to Centre
7 & 8 & Twist both toes to right (on R heel & L ball). Return to centre. Twist both toes to left (on L heel & R ball). Return to Centre

Section 3B SIDE TOGETHER, SHUFFLE 1/4 TURN, STEP 1/2 PIVOT, SHUFFLE HALF TURN

1 - 2 Step R to right side. Close L to R.
3 & 4 Step R to right side. Close L next to R. 1/4 turn right stepping fwd R

- 5 - 6 Step fwd L. 1/2 pivot right stepping R in place
7 & 8 1/4 turn right stepping L to side. Close R to L. 1/4 turn R stepping L back.

Section 4B KNEE POPS X 4, CAMEL STEPS X 2

- 5 - 6 Step R back popping L knee. Step L back popping R knee.
7 -8 Step R back popping L knee. Step L back popping R knee.
1, 2 Large step R diag fwd. Drag & touch L to R
3 & 4 Large step L diag fwd. Drag & touch R to L
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